



# Good Growing Neighbours

A grass roots approach to a healthier yard

## preparing your lawn for winter

One way to a healthy lawn next spring is to start this fall. Healthy well maintained lawns are less likely to have weeds and need little or no chemicals. Topdressing and overseeding may take a bit of effort now, but you'll be pleased with the results next spring.

- 1** — **mow** one last time before hard frost sets in (keep grass at 6 cm / 2.5 inches).
- 2** — **aerate** the lawn if your soil is compacted.
- 3** — **rake** a thin layer of compost or topsoil (1 cm / 1/2 inch) into the grass.
- 4** — **seed** at a rate of 5 kg/100 sq m and lightly rake into the topdressing. Get a more drought tolerant lawn by using Creeping Red Fescue, Hard Fescue, Fine Fescue or Perennial Ryegrass seed.

[www.goodgrowingneighbours.ca](http://www.goodgrowingneighbours.ca)

Strathcona County, the City of St. Albert, the City of Leduc and the City of Edmonton are pleased to partner to bring you these Good Growing tips for a healthier environment.