

RIVER VALLEY- OUTDOOR PURSUITS PROGRAMS

Curricular Links

For Alberta Grades K-12

Loki

RVP Programs and corresponding Grades:

Archery: Grade 4-12
Bike: K-3 and 4-12
Canoe- Tandem 4-12
Cross Country Skiing: 4-12
fishing: ????
Fun in the Sun: K-3
GPS
Ice Skating 2-12
Initiative/Team Building/Funbag 4-12
Kayak: 4-12
Low Ropes 4-12
Orienteering 2-12
Outdoor Skills K-12
P+P 4-12
Snowshoe K-12
Voyageur: 4-12
Winter Wonderland: K-4

Most of our programs:

General Outcome B: Students will understand, experience and appreciate the health benefits that result from physical activity.

General Outcome D: Students will assume responsibility to lead an active way of life
D4-3 Follow rules, routines and procedures for safety in a variety of activities

Program: Archery

Grade Level: gr. 4 – 12

Direct Curricular Links – Grade 4

Physical Education:

General Outcome A: Students will acquire skills through a developmentally appropriate activities and in alternative environments.

A4-3 Select, perform and refine simple non-locomotor sequences
A5-7 Select, perform and refine basic skills in a variety of environments and using various equipment
A4-13 Select, perform and refine basic skills in individual activities

General Outcome C: Students will positively interact with others

C4-1 Articulate and demonstrate respectful communication skills appropriate to context

C4-4 Select and demonstrate responsibilities for assigned roles while participating in physical activities \

C4-5 Participate cooperatively in group activities

C4-6 Identify and demonstrate positive behaviours that show respect for self and others

Health:

Relationship Choices: Students will develop effective interpersonal skills that demonstrate responsibility, respect and caring in order to establish and maintain healthy interactions

R-4.8 Describe and accept roles and responsibilities within a group

Direct Curricular Links – Grade 5

Physical Education:

General Outcome A: Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment.

A5-6 Consistently and confidently perform manipulative skills by using elements of body and space awareness, effort and relationship.

A5-13 Select, Perform and refine more challenging basic skills in individual activities

General Outcome C: Students will interact positively with others.

C5-1 Identifies and demonstrates respectful communication skills appropriate to cooperative participation in physical activity.

C5-4 Selects and demonstrates responsibility for various roles while participating in physical education; and, accepts ideas from others that relate to changing/adapting, movement experiences.

Health:

General Outcome: Wellness Choices:

W-5.9 Determine appropriate safety behaviours for community recreational situations

R-5.4 Practise effective communication skills

R-5.8 Develop strategies to address personal roles and responsibilities in groups

Direct Curricular Links – Grade 6

Physical Education:

General Outcome A: Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment.

A6-6 – Consistently and confidently perform manipulative skills by using elements of body and space awareness, effort and relationship.

General Outcome C: Students will interact positively with others.

C6-1 – identifies and demonstrates respectful communication skills appropriate to various physical activities and that reflect feeling, ideas and experiences.

C6-4 – identifies and then takes responsibility for various roles while participating in physical activity; and, identifies leadership and followership skills used while participating in physical education.

C6-5 – describes and demonstrates practices that contribute to teamwork

C6-6 – identifies and demonstrates positive behaviours that show respect for self and others.

Health:

Wellness Choices: Students will make responsible and informed choices to maintain health and to promote safety for self and others.

W-6.9 Evaluate the impact of personal behaviour on the safety of self and others

W-6.10 Demonstrate responsibility for, and skills related to, the safety of self and others

Direct Curricular Links – Grade 7

Physical Education:

General Outcome A: Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment.

A7-6 Demonstrate manipulative skills by using elements of space awareness, effort and relationships, with and without objects, to improve performance.

General Outcome C: Students will interact positively with others:

C7-1- Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C7-4 - Identifies and then takes responsibility for various roles while participating in physical activities; and, identifies the leadership and followership skills used while participating in physical education.

C7-5 – Selects and applies practices that contribute to teamwork.

C7-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Health:

Wellness Choices: Students will make responsible and informed choices to maintain health and to promote safety for self and others

W-4.8: Expand practices that provide safety for self and others

Direct Curricular Links – Grade 8

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A8-6 – Selects, combines and performs manipulative skills by using elements of space awareness, effort and relationships, with and without objects, to improve performance.

General Outcome C – students will interact positively with others:

C8-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C8-4 – Describes, applies and practices leadership and followership skills related to physical activity.

C8-5 – Recommends practices that contribute to teamwork.

C8-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Grade 9

Physical Education:

General Outcome A: Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A9-6 – Applies and refines ways to receive, retain and send an object with increased speed, accuracy and distance in skills specific to an activity.

General Outcome C – Students will interact positively with others:

C9-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C9-4 – Describes, applies, monitors and practices leadership and followership skills related to physical activity.

C9-5 – Develops practices that contribute to teamwork.

C9-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Physical Education 10

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A10-5 – Applies and refines manipulative skills and concepts – effort, space and relationships – to perform and create a variety of activities to improve personal performance.

General Outcome C – Students will interact positively with others:

C10-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C10-4 – Describes, applies, monitors and assesses leadership and followership skills related to physical activity.

C10-5 – Develops and applies practices that contribute to teamwork.

C10-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Physical Education 20

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A20-5 – analyze, evaluate and modify performance of manipulative skills and concepts – effort, space and relationships – to perform and create a variety of activities to improve personal performance.

General Outcome C – Students will interact positively with others:

C20-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C20-4 – Applies, monitors and assesses leadership and followership skills related to physical activities.

C20-5 – Develops and applies practices that contribute to teamwork.

C20-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Physical Education 30

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A30-5 – Analyses, evaluates and adapts performance of manipulative skills and concepts – effort, space and relationships – to perform and create a variety of activities to improve personal performance.

General Outcome C – Students will interact positively with others:

C30-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C30-4 – Applies, monitors and assesses leadership and followership skills related to physical activities.

C30-5 – Develops and applies practices that contribute to teamwork.

C30-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Program: Mini Biking

Grade Level: gr. K – 3

Direct Curricular Links - Kindergarten

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

AK-1 – Experience and develop locomotor skills through a variety of activities.

AK-7 - Application of basic skills in an alternative environment – AK-7 – experiences the basic skills in a variety of environments.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

BK-3 – Experience cardio-respiratory activities.

BK-4 - Recognize personal abilities while participating in physical activity

General Outcome C – Students will interact positively with others:

CK-1 – Begins to develop respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

DK-2 – Participates with effort in physical activities.

DK-3- Show a willingness to listen to directions and simple explanations.

DK-4- Participate in safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for themselves and others

W-K10: Describe and demonstrate ways to be safe at home and away from the home

Direct Curricular Links – Grade 1

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A1-1 – perform locomotor skills through a variety of activities.

A1-7 – demonstrates the basic skills in a variety of environments.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

B1-3 – Experience and improve continued frequency of involvement in cardio-respiratory activities.

B1-4 - Recognize personal abilities while participating in physical activity

General Outcome C – Students will interact positively with others:

CK-1 – Begins to develop respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

D1-2 – Demonstrates effort while participating in various activities.

D1-3 – Shows a willingness to listen to directions and simple explanations.

D1-4 – Participates in safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for themselves and others

W-1.8: Describe and apply appropriate street safety behaviours in the community

Direct Curricular Links – Grade 2

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A2-1 – Select and perform locomotor skills involved in a variety of activities.

A2-7 – Selects and performs basic skills in a variety of environments and using various equipment.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

B2-3 – Experience movement involving the components of health-related fitness.

General Outcome C – Students will interact positively with others:

C2-1 – Identifies and demonstrates respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

D2-3 – Demonstrates the ability to listen to directions, follow rules and routines, and stay on-task while participating in physical activity.

D2-4 – Demonstrates and participates in safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for themselves and others

W-2.8: Describe and apply safety rules when using physical activity equipment

Direct Curricular Links – Grade 3

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A3-1 – respond to a variety of stimuli to create locomotor sequences.

A3-7 – selects and performs basic skills in a variety of environments and using various equipment.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

B3-3 – experience movement involving the components of health-related fitness.

General Outcome C – Students will interact positively with others:

C3-1 – describes and demonstrates respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

D3-3 – demonstrates the ability to listen to directions, follow rules and routines, and stay on task while participating in physical activity.

D3-4 – demonstrates and participates in safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for themselves and others

W-3.2: Improve and practise positive health habits

W3.8: Employ practices that provide safety for self and others

W-3.9 Describe, apply and analyze appropriate safety behaviours in the local community

Program: Biking Grade Level: gr. 4 – 12

Direct Curricular Links – Grade 4

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A4-7 – Selects, performs and refines basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C4-1 – articulates and demonstrates respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

D4-4 – participates in, and identifies the benefits of, safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for themselves and others

W-4.10 describe and demonstrate ways to assist with the safety of others

Direct Curricular Links – Grade 5

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A5-7 – Select, perform and refine more challenging basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C5-1 – articulates and demonstrates respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

D5-4 – Participates in, and identifies the benefits of, safe warm-up and cool-down activities.

Direct Curricular Links – Grade 6

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A6-7 – select, perform and refine more challenging basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C6-1 – identifies and demonstrates respectful communication skills appropriate to various physical activities and that reflect feelings, ideas and experiences.

General Outcome D – Students will assume responsibility to lead an active way of life:

D6-4 – participate in, and demonstrate the benefits of, safe warm-up and cool-down activities.

Direct Curricular Links – Grade 7

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A7-7 – Demonstrates activity-specific skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C7-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D7-4 – Explains the benefits of, and demonstrates safe, warm-up and cool-down activities.

Direct Curricular Links – Grade 8

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A8-7 – Applies activity-specific skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C8-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:
D8-4 – Design and perform warm-up and cool-down activities.

Direct Curricular Links – Grade 9

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A9-7 – Applies and refines activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C9-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D9-4 – Analyzes, designs and performs warm-up and cool-down activities.

Direct Curricular Links – Physical Education 10

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A10-7 – Adapts and improves activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C10-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D10-4 – Analyzes, designs and assesses warm-up and cool-down activities.

Direct Curricular Links – Physical Education 20

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A20-7 – develops and combines more challenging activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C20-1 – communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D20-4 – Analyzes, designs and assesses warm-up and cool-down activities.

Direct Curricular Links – Physical Education 30

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

General Outcome C – Students will interact positively with others:

C30-1 – communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D30-4 – analyzes, designs and assesses warm-up and cool-down activities.

Program: Canoeing- Tandem

Grade Level: gr. 4 - 12

Direct Curricular Links – Grade 4

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A4-7 – select, perform and refine basic skills in a variety of environments and using various equipment.

General Outcome C –Students will interact positively with others:

C4-1 – articulates and demonstrates respectful communication skills appropriate to context.

C4-5 – participates cooperatively in group activities.

General Outcome D – Students will assume responsibility to lead an active way of life:

D4-4 – participates in, and identifies the benefits of, safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for self and others.

W-4.7- Expand practices that provide safety for self and others.

W- 4.9- Describe ways to respond appropriately to potentially dangerous situations related to environmental conditions

W-4.10- Describe and demonstrate ways to assist with the safety of others

Relationship Choices: Students will develop effective interpersonal skills that determine responsibility, respect and caring in order to establish and maintain healthy interactions.

R-4.4- Demonstrate respectful communication skills

R- 4.7 Practise effective communication skills and behaviours to reduce escalation of conflict

R- 4.8- Describe and accept roles and responsibilities within a group

Direct Curricular Links – Grade 5

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A5-7 – Select, perform and refines more challenging basic skills in a variety of environments and using various equipment.

General Outcome C –Students will interact positively with others:

C5-1 – Identifies and demonstrates respectful communication skills appropriate to cooperative participation in physical activity.

C5-5 – Identifies and demonstrates practices that contribute to teamwork.

General Outcome D – Students will assume responsibility to lead an active way of life:

D5-4 – Participates in, and identifies the benefits of, safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for self and others.

W-5.9 Determine appropriate safety behaviours for community recreational situations

Relationship Choices: Students will develop effective interpersonal skills that determine responsibility, respect and caring in order to establish and maintain healthy interactions.

R-5.4 Practise effective communication skills

R-5.8 Develop strategies to address personal roles and responsibilities in groups

R-5.9 Explore respectful communication strategies that foster group/team development

Direct Curricular Links – Grade 6

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A6-7 – selects, performs and refines more challenging basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C6-1 – identifies and demonstrates respectful communication skills appropriate to various physical activities and that reflect feelings, ideas and experiences.

C6-5 – describes and demonstrates practices that contribute to teamwork.

General Outcome D – Students will assume responsibility to lead an active way of life:

D6-4 – participates in, and demonstrates the benefits of, safe warm-up and cool-down activities.

Direct Curricular Links – Grade 7

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A7-7 – Demonstrates activity-specific skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C7-1 – communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C7-5 – selects and applies practices that contribute to teamwork.

General Outcome D – Students will assume responsibility to lead an active way of life:

D7-4 – explains the benefits of, and demonstrates safe, warm-up and cool-down activities.

Direct Curricular Links – Grade 8

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A8-7 – applies activity-specific skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C8-1 – communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C8-5 – recommends practices that contribute to teamwork.

General Outcome D – Students will assume responsibility to lead an active way of life:

D7-4 – designs and performs warm-up and cool-down activities.

Direct Curricular Links – Grade 9

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A9-7 – Applies and refines activity-specific skills in a variety of environments.

General Outcome C –Students will interact positively with others:

C9-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C9-5 – Develops practices that contribute to teamwork.

Direct Curricular Links – Physical Education 10

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A10-7 – Adapts and improves activity-specific skills in a variety of environments.

General Outcome C –Students will interact positively with others:

C10-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C10-5 – Develops and applies practices that contribute to teamwork.

Direct Curricular Links – Physical Education 20

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A20-7 – Develops and combines more challenging activity-specific skills in a variety of environments.

General Outcome C –Students will interact positively with others:

C20-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C20-5 – Develops and applies practices that contribute to teamwork.

General Outcome D – students will assume responsibility to lead an active way of life:

D20-4 – Analyzes, designs and assesses warm-up and cool-down activities.

Direct Curricular Links – Physical Education 30

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A30-7 – Recommends and relates a choice of activity-specific skills in an alternative environment to meet activity goal.

General Outcome C –Students will interact positively with others:

C30-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C30-5 – Develops and applies practices that contribute to teamwork.

Program: Cross-Country Skiing

Grade Level: gr. 4 – 12

Direct Curricular Links – Grade 4

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A4-7 – Selects, performs and refines basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C4-1 – Articulates and demonstrates respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

D4-4 – Participates in, and identifies the benefits of, safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for self and others.

W-4.7- Expand practices that provide safety for self and others.

W- 4.9- Describe ways to respond appropriately to potentially dangerous situations related to environmental conditions

W-4.10- Describe and demonstrate ways to assist with the safety of others

Relationship Choices: Students will develop effective interpersonal skills that determine responsibility, respect and caring in order to establish and maintain healthy interactions.

R-4.4- Demonstrate respectful communication skills

R- 4.7 Practise effective communication skills and behaviours to reduce escalation of conflict

R- 4.8- Describe and accept roles and responsibilities within a group

Direct Curricular Links – Grade 5

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A5-7 – Select, perform and refine more challenging basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C5-1 – Articulates and demonstrates respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

D5-4 – Participates in, and identifies the benefits of, safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for self and others.

W–5.9 Determine appropriate safety behaviours for community recreational situations

Relationship Choices: Students will develop effective interpersonal skills that determine responsibility, respect and caring in order to establish and maintain healthy interactions.

R–5.4 Practise effective communication skills

R–5.8 Develop strategies to address personal roles and responsibilities in groups

R–5.9 Explore respectful communication strategies that foster group/team development

Direct Curricular Links – Grade 6

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A6-7 – Select, perform and refine more challenging basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C6-1 – Identifies and demonstrates respectful communication skills appropriate to various physical activities and that reflect feelings, ideas and experiences.

General Outcome D – Students will assume responsibility to lead an active way of life:

D6-3 – Demonstrates enjoyment of participation through extended effort in physical activity.

D6-4 – Participate in, and demonstrate the benefits of, safe warm-up and cool-down activities.

Direct Curricular Links – Grade 7

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A7-7 – Demonstrates activity-specific skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C7-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D7-4 – Explains the benefits of, and demonstrates safe, warm-up and cool-down activities.

Direct Curricular Links – Grade 8

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A8-7 – Applies activity-specific skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C8-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D8-4 – design and perform warm-up and cool-down activities.

Direct Curricular Links – Grade 9

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A9-7 – applies and refines activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C9-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D9-4 – Analyzes, designs and performs warm-up and cool-down activities.

Direct Curricular Links – Physical Education 10

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A10-7 – Adapts and improves activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C10-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D10-4 – Analyzes, designs and assesses warm-up and cool-down activities.

Direct Curricular Links – Physical Education 20

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A20-7 – Develops and combines more challenging activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C20-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D20-4 – Analyzes, designs and assesses warm-up and cool-down activities.

Direct Curricular Links – Physical Education 30

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

General Outcome C – Students will interact positively with others:

C30-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D30-4 – Analyzes, designs and assesses warm-up and cool-down activities.

Program: Fun in the Sun

Grade Level: K - 3

Direct Curricular Links – Kindergarten

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

AK-10 – Demonstrates body and space awareness when performing space awareness games.

AK-11 – Demonstrates an understanding of basic rules and fair play.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

BK-3 – Experience cardio-respiratory activities.

General Outcome C – Students will interact positively with others:

CK-1 – Begins to develop respectful communication skills appropriate to context.

CK-3 – Identify and demonstrate etiquette and fair play.

CK-5 – Displays a willingness to play alongside others.

General Outcome D – Students will assume responsibility to lead an active way of life:

DK-2 – Participates with effort in physical activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for self and others.

W-K.10- Describe and demonstrate ways to be safe at home and away from home

Relationship Choices: Students will develop effective interpersonal skills that determine responsibility, respect and caring in order to establish and maintain healthy interactions.

R-K.4- Identify and begin to demonstrate effective listening;

Direct Curricular Links – Grade 1

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A1-10 – Demonstrates body and space awareness when performing space awareness games.

A1-11 – Demonstrate an understanding of basic rules and fair play for simple games.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

B1-3 – Experiences and improves continued frequency of involvement in cardio-respiratory activities.

General Outcome C – Students will interact positively with others:

CK-1 – Begins to develop respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

D1-2 – Demonstrates effort while participating in various activities.

D1-4 – Participates in safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for themselves and others

W-1.8: Describe and apply appropriate street safety behaviours in the community

Direct Curricular Links – Grade 2

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A2-10 – Create and play body and space awareness games

A2-11 – Apply basic rules and fair play while playing and learning the strategies of lead-up games.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

B2-3 – Experience movement involving the components of health-related fitness.

General Outcome C – Students will interact positively with others:

C2-1 – Identifies and demonstrates respectful communication skills appropriate to context.

C2-3 – Identify and demonstrate etiquette and fair play.

General Outcome D – Students will assume responsibility to lead an active way of life:

D2-4 – Demonstrates and participates in safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for themselves and others

W-2.8: Describe and apply safety rules when using physical activity equipment

Direct Curricular Links – Grade 3

Physical Education:

General Outcome A – students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A3-10 – Performs and plays lead-up games and demonstrates elements of space awareness, effort and relationship.

A3-11 – Demonstrate the ability to work together with a teammate/team to achieve a common activity goal while playing and learning the basic strategies of lead-up games.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

B3-3 – Experience movement involving the components of health-related fitness.

General Outcome C – Students will interact positively with others:

C3-1 – Describes and demonstrates respectful communication skills appropriate to context.

C3-3 – Identify and demonstrate etiquette and fair play.

C3-5 – Displays a willingness to share ideas, space and equipment when participating cooperatively with others.

General Outcome D – Students will assume responsibility to lead an active way of life:

D3-4 – Demonstrates and participates in safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for themselves and others

W-3.2: Improve and practise positive health habits

W3.8: Employ practices that provide safety for self and others

W-3.9 Describe, apply and analyze appropriate safety behaviours in the local community

Program: Fishing

Grade level 4-12

Direct Curricular Links – Grade 4

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A4-7 – select, perform and refine basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C4-5 – participates cooperatively in group activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for self and others.

W-4.7- Expand practices that provide safety for self and others.

W- 4.9- Describe ways to respond appropriately to potentially dangerous situations related to environmental conditions

W-4.10- Describe and demonstrate ways to assist with the safety of others

Relationship Choices: Students will develop effective interpersonal skills that determine responsibility, respect and caring in order to establish and maintain healthy interactions.

R-4.4- Demonstrate respectful communication skills

Direct Curricular Links – Grade 5

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A5-7 – Select, perform and refines more challenging basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C5-1 – Identifies and demonstrates respectful communication skills appropriate to cooperative participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D5-4 – Participates in, and identifies the benefits of, safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for self and others.

W-5.9 Determine appropriate safety behaviours for community recreational situations

Relationship Choices: Students will develop effective interpersonal skills that determine responsibility, respect and caring in order to establish and maintain healthy interactions.

R-5.8 Develop strategies to address personal roles and responsibilities in groups

Direct Curricular Links – Grade 6

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A6-7 – selects, performs and refines more challenging basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C6-1 – identifies and demonstrates respectful communication skills appropriate to various physical activities and that reflect feelings, ideas and experiences.

C6-5 – describes and demonstrates practices that contribute to teamwork.

General Outcome D – Students will assume responsibility to lead an active way of life:

D6-4 – participates in, and demonstrates the benefits of, safe warm-up and cool-down activities.

Direct Curricular Links – Grade 7

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A7-7 – Demonstrates activity-specific skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C7-1 – communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D7-4 – explains the benefits of, and demonstrates safe, warm-up and cool-down activities.

Direct Curricular Links – Grade 8

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A8-7 – applies activity-specific skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C8-1 – communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D7-4 – designs and performs warm-up and cool-down activities.

Direct Curricular Links – Grade 9

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A9-7 – Applies and refines activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C9-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

Direct Curricular Links – Physical Education 10

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A10-7 – Adapts and improves activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C10-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

Direct Curricular Links – Physical Education 20

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A20-7 – Develops and combines more challenging activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C20-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – students will assume responsibility to lead an active way of life:

D20-4 – Analyzes, designs and assesses warm-up and cool-down activities.

Direct Curricular Links – Physical Education 30

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A30-7 – Recommends and relates a choice of activity-specific skills in an alternative environment to meet activity goal.

General Outcome C – Students will interact positively with others:

C30-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

Program: Fun in the Sun

Grade Level: K - 3

Direct Curricular Links – Kindergarten

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

AK-10 – Demonstrates body and space awareness when performing space awareness games.

AK-11 – Demonstrates an understanding of basic rules and fair play.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

BK-3 – Experience cardio-respiratory activities.

General Outcome C – Students will interact positively with others:

CK-1 – Begins to develop respectful communication skills appropriate to context.

CK-3 – Identify and demonstrate etiquette and fair play.

CK-5 – Displays a willingness to play alongside others.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for self and others.

W-K.10- Describe and demonstrate ways to be safe at home and away from home

Relationship Choices: Students will develop effective interpersonal skills that determine responsibility, respect and caring in order to establish and maintain healthy interactions.

R-K.4- Identify and begin to demonstrate effective listening;

Direct Curricular Links – Grade 1

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A1-10 – Demonstrates body and space awareness when performing space awareness games.

A1-11 – Demonstrate an understanding of basic rules and fair play for simple games.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

B1-3 – Experiences and improves continued frequency of involvement in cardio-respiratory activities.

General Outcome C – Students will interact positively with others:

CK-1 – Begins to develop respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

D1-2 – Demonstrates effort while participating in various activities.

D1-4 – Participates in safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for themselves and others

W-1.8: Describe and apply appropriate street safety behaviours in the community

Direct Curricular Links – Grade 2

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A2-10 – Create and play body and space awareness games

A2-11 – Apply basic rules and fair play while playing and learning the strategies of lead-up games.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

B2-3 – Experience movement involving the components of health-related fitness.

General Outcome C – Students will interact positively with others:

C2-1 – Identifies and demonstrates respectful communication skills appropriate to context.

C2-3 – Identify and demonstrate etiquette and fair play.

General Outcome D – Students will assume responsibility to lead an active way of life:

D2-4 – Demonstrates and participates in safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for themselves and others

W-2.8: Describe and apply safety rules when using physical activity equipment

Direct Curricular Links – Grade 3

Physical Education:

General Outcome A – students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A3-10 – Performs and plays lead-up games and demonstrates elements of space awareness, effort and relationship.

A3-11 – Demonstrate the ability to work together with a teammate/team to achieve a common activity goal while playing and learning the basic strategies of lead-up games.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

B3-3 – Experience movement involving the components of health-related fitness.

General Outcome C – Students will interact positively with others:

C3-1 – Describes and demonstrates respectful communication skills appropriate to context.

C3-3 – Identify and demonstrate etiquette and fair play.

C3-5 – Displays a willingness to share ideas, space and equipment when participating cooperatively with others.

General Outcome D – Students will assume responsibility to lead an active way of life:

D3-4 – Demonstrates and participates in safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for themselves and others

W-3.2: Improve and practise positive health habits

W3.8: Employ practices that provide safety for self and others

W-3.9 Describe, apply and analyze appropriate safety behaviours in the local community

Program: GPS

Grades: 4-12

Direct Curricular Links – Grade 3

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A3-1 – respond to a variety of stimuli to create locomotor sequences.

A3-7 – selects and performs basic skills in a variety of environments and using various equipment.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

B3-3 – experience movement involving the components of health-related fitness.

General Outcome C – Students will interact positively with others:

C3-1 – describes and demonstrates respectful communication skills appropriate to context.

Direct Curricular Links – Grade 4

Social Studies:

Skills and processes for Grade 4: Dimensions of thinking

4.S.3. develop skills of geographical thinking

- Use the scale on maps of Alberta to determine the distance between places

- Use cardinal and intermediate directions to locate places on maps and globes

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A4-3 – Select, perform and refine simple locomotor sequences.

A4-7 – Select, perform and refine basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C4-1 – Articulates and demonstrates respectful communication skills appropriate to context.

C4-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Grade 5

Social Studies:

Skills and processes for Grade 5: Dimensions of thinking

5.S.4- Develop skills of geographical thinking

- Use cardinal and intermediate directions and simple grids to locate places on maps and globes

- Use the scale on maps and globes to determine the distance between places

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A5-3 – Consistently and confidently perform locomotor skills by using elements of body and space awareness, effort and relationships to a variety of stimuli to improve personal performance.

A5-7 – Select, perform and refine more challenging basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C5-1 – Identifies and demonstrates respectful communication skills appropriate to cooperative participation in physical activity.

C5-4 – Select and demonstrate responsibility for various roles while participating in physical education; and, accept ideas from others that relate to changing/adapting, movement experiences.

Direct Curricular Links – Grade 6

Social Studies:

Skills and processes for Grade 6: Dimensions of thinking

6.S.3: Develop skills of geographic thinking:

- Construct and interpret various types of maps (i.e., historical, physical, political maps) to broaden understanding of topics being studied
- Use cardinal and intermediate directions to locate places on maps and globes
- use scales to determine the distance between places on maps and globes

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A6-4 – Consistently and confidently perform locomotor skills by using elements of body and space awareness, effort and relationships to a variety of stimuli to improve personal performance.

A6-7 – Select, perform and refine more challenging basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C6-1 – Identifies and demonstrates respectful communication skills appropriate to various physical activities and that reflect feelings, ideas and experiences.

C6-4 – Identify and then take responsibility for various roles while participating in physical activity; and, identify leadership and followership skills used while participating in physical education.

Direct Curricular Links – Grade 7

Social Studies:

Skills and processes for Grade 7: Dimensions of thinking

7.S.3: Develop skills of geographic thinking

- Construct and interpret maps to broaden understanding of issues, places and peoples of Canada (i.e., elevation, latitude and longitude, population density, waterways)

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A7-4 – Demonstrate nonlocomotor skills by using elements of body and space awareness, effort and relationships, to improve personal performance.

A7-7 – Demonstrates activity-specific skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C7-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C7-4 – Identify and then take responsibility for various roles while participating in physical activity; and, identify the leadership and followership skills used while participating in physical education.

C7-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Grade 8

Social Studies:

Skills and processes for Grade 8: Dimensions of thinking

8.S.3: Develop skills of geographic thinking

- Construct and interpret various maps to broaden understanding of given topics
- Define geographic problems and issues and pose geographic questions

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A8-4 – Selects, combines and performs locomotor skills by using elements of body and space awareness, effort and relationships, to improve personal performance.

A8-7 – Applies activity specific skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C8-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C8-4 – Describes, applies and practices leadership and followership skills related to physical activity.

C8-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Grade 9

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A9-4 – Apply and refine nonlocomotor skills by using elements of body and space awareness, effort and relationships, to improve personal performance.

A9-7 – Applies and refines activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C9-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C9-4 – Describe, apply, monitor and practice leadership and followership skills related to physical activity.

C9-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Grade 10

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A10-3 – Apply and refine nonlocomotor skills and concepts – effort, space and relationships – to perform and create a variety of activities to improve personal performance.

A10-7 – Adapts and improves activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C10-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C10-4 – Describes, applies, monitors and assesses leadership and followership skills related to physical activity.

C10-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Grade 11

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A20-3 – Analyze, evaluate and modify performance of locomotor skills and concepts – effort, space and relationships – to perform and create a variety of activities to improve personal performance.

A20-7 – Develops and combines more challenging activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C20-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C20-4 – Apply, monitor and assess leadership and followership skills related to physical activities, and demonstrate an understanding of leadership skills related to implementing physical activity events or programs in the school and/or community.

C20-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Grade 12

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A30-3 – Analyze, evaluate and adapt performance of nonlocomotor skills and concepts – effort, space and relationships – to perform and create a variety of activities to improve personal performance.

A30-7 – Recommends and relates a choice of activity-specific skills in an alternative environment to meet activity goal.

General Outcome C – students will interact positively with others:

C30-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C30-4 – Apply, monitor and assess leadership and followership skills related to physical activities, and demonstrate an understanding of leadership skills related to implementing physical activity events or programs in the school and/or community.

C30-6- Identifies and demonstrates positive behaviours that show respect for self and others.

Program: ICE SKATING

Grades:K-12

Direct Curricular Links - Kindergarten

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

AK-1 – Experience and develop locomotor skills through a variety of activities.

AK-7 - Application of basic skills in an alternative environment – AK-7 – experiences the basic skills in a variety of environments.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

BK-3 – Experience cardio-respiratory activities.

BK-4 - Recognize personal abilities while participating in physical activity

General Outcome C – Students will interact positively with others:

CK-1 – Begins to develop respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

DK-2 – Participates with effort in physical activities.

DK-4- Participate in safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for themselves and others

W-K10: Describe and demonstrate ways to be safe at home and away from the home

Direct Curricular Links – Grade 1

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A1-1 – perform locomotor skills through a variety of activities.

A1-7 – demonstrates the basic skills in a variety of environments.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

B1-3 – Experience and improve continued frequency of involvement in cardio-respiratory activities.

B1-4 - Recognize personal abilities while participating in physical activity

General Outcome C – Students will interact positively with others:

CK-1 – Begins to develop respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

D1-2 – Demonstrates effort while participating in various activities.

D1-4 – Participates in safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for themselves and others

W-1.8: Describe and apply appropriate street safety behaviours in the community

Direct Curricular Links – Grade 2

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A2-1 – Select and perform locomotor skills involved in a variety of activities.

A2-7 – Selects and performs basic skills in a variety of environments and using various equipment.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

B2-3 – Experience movement involving the components of health-related fitness.

General Outcome C – Students will interact positively with others:

C2-1 – Identifies and demonstrates respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

D2-4 – Demonstrates and participates in safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for themselves and others

W-2.8: Describe and apply safety rules when using physical activity equipment

Direct Curricular Links – Grade 3

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A3-1 – respond to a variety of stimuli to create locomotor sequences.

A3-7 – selects and performs basic skills in a variety of environments and using various equipment.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

B3-3 – experience movement involving the components of health-related fitness.

General Outcome C – Students will interact positively with others:

C3-1 – describes and demonstrates respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

D3-4 – demonstrates and participates in safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for themselves and others

W-3.2: Improve and practise positive health habits

W3.8: Employ practices that provide safety for self and others

W-3.9 Describe, apply and analyze appropriate safety behaviours in the local community

Direct Curricular Links – Grade 4

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A4-7 – select, perform and refine basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C4-1 – articulates and demonstrates respectful communication skills appropriate to context.

C4-5 – participates cooperatively in group activities.

General Outcome D – Students will assume responsibility to lead an active way of life:

D4-4 – participates in, and identifies the benefits of, safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for self and others.

W-4.7- Expand practices that provide safety for self and others.

W- 4.9- Describe ways to respond appropriately to potentially dangerous situations related to environmental conditions

W-4.10- Describe and demonstrate ways to assist with the safety of others

Relationship Choices: Students will develop effective interpersonal skills that determine responsibility, respect and caring in order to establish and maintain healthy interactions.

R-4.4- Demonstrate respectful communication skills

R- 4.7 Practise effective communication skills and behaviours to reduce escalation of conflict

R- 4.8- Describe and accept roles and responsibilities within a group

Direct Curricular Links – Grade 5

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A5-7 – Select, perform and refines more challenging basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C5-1 – Identifies and demonstrates respectful communication skills appropriate to cooperative participation in physical activity.

C5-5 – Identifies and demonstrates practices that contribute to teamwork.

General Outcome D – Students will assume responsibility to lead an active way of life:
D5-4 – Participates in, and identifies the benefits of, safe warm-up and cool-down activities.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for self and others.

W-5.9 Determine appropriate safety behaviours for community recreational situations

Relationship Choices: Students will develop effective interpersonal skills that determine responsibility, respect and caring in order to establish and maintain healthy interactions.

R-5.4 Practise effective communication skills

R-5.8 Develop strategies to address personal roles and responsibilities in groups

R-5.9 Explore respectful communication strategies that foster group/team development

Direct Curricular Links – Grade 6

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A6-7 – selects, performs and refines more challenging basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C6-1 – identifies and demonstrates respectful communication skills appropriate to various physical activities and that reflect feelings, ideas and experiences.

C6-5 – describes and demonstrates practices that contribute to teamwork.

General Outcome D – Students will assume responsibility to lead an active way of life:

D6-4 – participates in, and demonstrates the benefits of, safe warm-up and cool-down activities.

Direct Curricular Links – Grade 7

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A7-7 – Demonstrates activity-specific skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C7-1 – communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C7-5 – selects and applies practices that contribute to teamwork.

General Outcome D – Students will assume responsibility to lead an active way of life:

D7-4 – explains the benefits of, and demonstrates safe, warm-up and cool-down activities.

Environmental and Outdoor Education:

Outdoor Core:

5. Students will develop skill in environmentally responsible outdoor activities appropriate to different seasons.

a. Students will develop skill in a variety of outdoor activities and modes of travel (e.g., hiking, cross-country skiing, canoeing and bird-watching)

Direct Curricular Links – Grade 8

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A8-7 – applies activity-specific skills in a variety of environments and using various equipment.

General Outcome C –Students will interact positively with others:

C8-1 – communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C8-5 – recommends practices that contribute to teamwork.

General Outcome D – Students will assume responsibility to lead an active way of life:

D7-4 – designs and performs warm-up and cool-down activities.

Environmental and Outdoor Education:

Outdoor Core:

5. Students will develop skill in environmentally responsible outdoor activities appropriate to different seasons.

a. Students will develop skill in a variety of outdoor activities and modes of travel (e.g., hiking, cross-country skiing, canoeing and bird-watching)

Direct Curricular Links – Grade 9

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A9-7 – Applies and refines activity-specific skills in a variety of environments.

General Outcome C –Students will interact positively with others:

C9-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C9-5 – Develops practices that contribute to teamwork.

Environmental and Outdoor Education:

Outdoor Core:

5. Students will develop skill in environmentally responsible outdoor activities appropriate to different seasons.

a. Students will develop skill in a variety of outdoor activities and modes of travel (e.g., hiking, cross-country skiing, canoeing and bird-watching)

Direct Curricular Links – Physical Education 10

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A10-7 – Adapts and improves activity-specific skills in a variety of environments.

General Outcome C –Students will interact positively with others:

C10-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C10-5 – Develops and applies practices that contribute to teamwork.

Environmental and Outdoor Education:

Outdoor Core:

5. Students will develop skill in environmentally responsible outdoor activities appropriate to different seasons.

a. Students will develop skill in a variety of outdoor activities and modes of travel (e.g., hiking, cross-country skiing, canoeing and bird-watching)

Direct Curricular Links – Physical Education 20

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A20-7 – Develops and combines more challenging activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C20-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C20-5 – Develops and applies practices that contribute to teamwork.

General Outcome D – students will assume responsibility to lead an active way of life:

D20-4 – Analyzes, designs and assesses warm-up and cool-down activities.

Environmental and Outdoor Education:

Outdoor Core:

5. Students will develop skill in environmentally responsible outdoor activities appropriate to different seasons.

a. Students will develop skill in a variety of outdoor activities and modes of travel (e.g., hiking, cross-country skiing, canoeing and bird-watching)

Direct Curricular Links – Physical Education 30

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A30-7 – Recommends and relates a choice of activity-specific skills in an alternative environment to meet activity goal.

General Outcome C – Students will interact positively with others:

C30-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C30-5 – Develops and applies practices that contribute to teamwork.

Environmental and Outdoor Education:

Outdoor Core:

5. Students will develop skill in environmentally responsible outdoor activities appropriate to different seasons.

a. Students will develop skill in a variety of outdoor activities and modes of travel (e.g., hiking, cross-country skiing, canoeing and bird-watching)

Program: Initiatives/Team Building + Low Ropes

Grade Level: gr. 4 - 12

Direct Curricular Links – Grade 4

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A4-3 – Select, perform and refine simple locomotor sequences.

A4-7 – Select, perform and refine basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C4-1 – Articulates and demonstrates respectful communication skills appropriate to context.

C4-4 – Select and demonstrate responsibility for assigned roles while participating in physical activity; and, accept ideas from others that relate to changing/adapting movement experiences.

C4-5 – Participates cooperatively in group activities.

C4-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Health:

Wellness: Students will make responsible and informed choices to maintain health and to promote safety for themselves and others

W-4.10 Describe and demonstrate ways to assist with the safety of others

Relationships: Students will develop effective interpersonal skills that demonstrate responsibility, respect and caring in order to establish and maintain healthy interactions.

R-4.1 Recognize that individuals can have a positive and negative influence on the feelings of others

R-4.2 Identify and use short-term strategies for managing feelings

R-4.4 Demonstrate respectful communication skills

R-4.6 Identify and describe ways to provide support to others

R-4.8 Describe and accept roles and responsibilities within a group

Direct Curricular Links – Grade 5

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A5-3 – Consistently and confidently perform nonlocomotor skills by using elements of body and space awareness, effort and relationships to a variety of stimuli to improve personal performance.

A5-7 – Select, perform and refine more challenging basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C5-1 – Identifies and demonstrates respectful communication skills appropriate to cooperative participation in physical activity.

C5-4 – Select and demonstrate responsibility for various roles while participating in physical education; and, accept ideas from others that relate to changing/adapting, movement experiences.

C5-5 – Identifies and demonstrates practices that contribute to teamwork.

C5-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Health:

Relationship Choices: Students will develop effective interpersonal skills that determine responsibility, respect and caring in order to establish and maintain healthy interactions.

R-5.1 Recognize that presenting feelings may mask underlying feelings

R-5.3 Recognize that stressors affect individuals differently, and outline ways individuals respond to stress

R-5.4 Practise effective communication skills

R-5.8 Develop strategies to address personal roles and responsibilities in groups;

R-5.9 Explore respectful communication strategies that foster group/team development

Direct Curricular Links – Grade 6

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A6-4 – Consistently and confidently perform nonlocomotor skills by using elements of body and space awareness, effort and relationships to a variety of stimuli to improve personal performance.

A6-7 – Select, perform and refine more challenging basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C6-1 – Identifies and demonstrates respectful communication skills appropriate to various physical activities and that reflect feelings, ideas and experiences.

C6-4 – Identify and then take responsibility for various roles while participating in physical activity; and, identify leadership and followership skills used while participating in physical education.

C6-5 – Describes and demonstrates practices that contribute to teamwork.

C6-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Health:

Relationship Choices: Students will develop effective interpersonal skills that determine responsibility, respect and caring in order to establish and maintain healthy interactions.

- R-6.1 Recognize that individuals can choose their own emotional reactions to events and thoughts
- R-6.2 Establish personal guidelines for expressing feelings
- R-6.3 Develop personal strategies for dealing with stress/change
- R-6.4 Identify, analyze and develop strategies to overcome barriers to communication
- R-6.7 Apply a variety of strategies for resolving conflict

Direct Curricular Links – Grade 7

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

- A7-4 – Demonstrate nonlocomotor skills by using elements of body and space awareness, effort and relationships, to improve personal performance.
- A7-7 – Demonstrates activity-specific skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

- C7-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.
- C7-4 – Identify and then take responsibility for various roles while participating in physical activity; and, identify the leadership and followership skills used while participating in physical education.
- C7-5 – Selects and applies practices that contribute to teamwork.
- C7-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Health:

Relationship Choices: Students will develop effective interpersonal skills that determine responsibility, respect and caring in order to establish and maintain healthy interactions.

- R-7.4 Analyze and practise constructive feedback
- R-7.7 Evaluate and personalize the effectiveness of various styles of conflict resolution
- R-7.8 Analyze the potential effects of belonging to a group, team, gang
- R-7.9 Develop group goal-setting skills; e.g., collaboration

Direct Curricular Links – Grade 8

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

- A8-4 – Selects, combines and performs nonlocomotor skills by using elements of body and space awareness, effort and relationships, to improve personal performance.
- A8-7 – Applies activity specific skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

- C8-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.
- C8-4 – Describes, applies and practices leadership and followership skills related to physical activity.
- C8-5 – Recommends practices that contribute to teamwork.
- C8-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Health:

Relationship Choices: Students will develop effective interpersonal skills that determine responsibility, respect and caring in order to establish and maintain healthy interactions.

- R-8.4 analyze the effects of selfconcept on personal communication
- R-8.9 describe the characteristics of, and demonstrate skills of, an effective leader and group member

Direct Curricular Links – Grade 9

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A9-4 – Apply and refine nonlocomotor skills by using elements of body and space awareness, effort and relationships, to improve personal performance.

A9-7 – Applies and refines activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C9-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C9-4 – Describe, apply, monitor and practice leadership and followership skills related to physical activity.

C9-5 – Develops practices that contribute to teamwork.

C9-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Physical Education 10

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A10-3 – Apply and refine nonlocomotor skills and concepts – effort, space and relationships – to perform and create a variety of activities to improve personal performance.

A10-7 – Adapts and improves activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C10-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C10-4 – Describes, applies, monitors and assesses leadership and followership skills related to physical activity.

C10-5 – Develops and applies practices that contribute to teamwork

C10-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Physical Education 20

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A20-3 – Analyze, evaluate and modify performance of locomotor skills and concepts – effort, space and relationships – to perform and create a variety of activities to improve personal performance.

A20-7 – Develops and combines more challenging activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C20-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C20-4 – Apply, monitor and assess leadership and followership skills related to physical activities, and demonstrate an understanding of leadership skills related to implementing physical activity events or programs in the school and/or community.

C20-5 – Develops and applies practices that contribute to teamwork

C20-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Physical Education 30

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A30-3 – Analyze, evaluate and adapt performance of nonlocomotor skills and concepts – effort, space and relationships – to perform and create a variety of activities to improve personal performance.

A30-7 – Recommends and relates a choice of activity-specific skills in an alternative environment to meet activity goal.

General Outcome C – students will interact positively with others:

C30-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C30-4 – Apply, monitor and assess leadership and followership skills related to physical activities, and demonstrate an understanding of leadership skills related to implementing physical activity events or programs in the school and/or community.

C30-5 – Develops and applies practices that contribute to teamwork.

C30-6- Identifies and demonstrates positive behaviours that show respect for self and others.

Program: Kayaking

Grade Level: gr. 7 - 12

Direct Curricular Links – Grade 7

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A7-7 – Demonstrates activity-specific skills in a variety of environments and using various equipment.

General Outcome C –Students will interact positively with others:

C7-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – students will assume responsibility to lead an active way of life:

D7-4 – Explains the benefits of, and demonstrates safe, warm-up and cool-down activities.

Environmental and Outdoor Education:

Outdoor Core:

5. Students will develop skill in environmentally responsible outdoor activities appropriate to different seasons.

a. Students will develop skill in a variety of outdoor activities and modes of travel (e.g., hiking, cross-country skiing, canoeing and bird-watching)

Direct Curricular Links – Grade 8

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A8-7 – Applies activity-specific skills in a variety of environments and using various equipment.

General Outcome C –Students will interact positively with others:

C8-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D7-4 – Designs and performs warm-up and cool-down activities.

Environmental and Outdoor Education:

Outdoor Core:

5. Students will develop skill in environmentally responsible outdoor activities appropriate to different seasons.

a. Students will develop skill in a variety of outdoor activities and modes of travel (e.g., hiking, cross-country skiing, canoeing and bird-watching)

Direct Curricular Links – Grade 9

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A9-7 – Applies and refines activity-specific skills in a variety of environments.

General Outcome C –Students will interact positively with others:

C9-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D9-4 – Analyzes, design and perform warm-up and cool-down activities.

Environmental and Outdoor Education:

Outdoor Core:

5. Students will develop skill in environmentally responsible outdoor activities appropriate to different seasons.

a. Students will develop skill in a variety of outdoor activities and modes of travel (e.g., hiking, cross-country skiing, canoeing and bird-watching)

Direct Curricular Links – Physical Education 10

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A10-7 – Adapts and improves activity-specific skills in a variety of environments.

General Outcome C –Students will interact positively with others:

C10-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D10-4 – Analyzes, designs and assesses warm-up and cool-down activities.

Environmental and Outdoor Education:

Outdoor Core:

5. Students will develop skill in environmentally responsible outdoor activities appropriate to different seasons.

a. Students will develop skill in a variety of outdoor activities and modes of travel (e.g., hiking, cross-country skiing, canoeing and bird-watching)

Direct Curricular Links – Physical Education 20

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A20-7 – Develops and combines more challenging activity-specific skills in a variety of environments.

General Outcome C –Students will interact positively with others:

C20-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D20-4 – Analyzes, designs and assesses warm-up and cool-down activities.

Environmental and Outdoor Education:

Outdoor Core:

5. Students will develop skill in environmentally responsible outdoor activities appropriate to different seasons.

a. Students will develop skill in a variety of outdoor activities and modes of travel (e.g., hiking, cross-country skiing, canoeing and bird-watching)

Direct Curricular Links – Physical Education 30

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A30-7 – Recommends and relates a choice of activity-specific skills in an alternative environment to meet activity goal.

General Outcome C – Students will interact positively with others:

C30-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D7-4 – Analyzes designs and assesses warm-up and cool-down activities.

Environmental and Outdoor Education:

Outdoor Core:

5. Students will develop skill in environmentally responsible outdoor activities appropriate to different seasons.

a. Students will develop skill in a variety of outdoor activities and modes of travel (e.g., hiking, cross-country skiing, canoeing and bird-watching)

Program: Orienteering and Navigation

Grade Level: gr. 2 - 12

Direct Curricular Links – Grade 2

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A2-1 – Select and perform locomotor skills involved in a variety of activities.

A2-7 – Selects and performs basic skills in a variety of environments and using various equipment.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

B2-3 – Experience movement involving the components of health-related fitness.

General Outcome C – Students will interact positively with others:

C2-1 – Identifies and demonstrates respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

D2-4 – Demonstrates and participates in safe warm-up and cool-down activities.

Direct Curricular Links – Grade 3

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A3-1 – respond to a variety of stimuli to create locomotor sequences.

A3-7 – selects and performs basic skills in a variety of environments and using various equipment.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity:

B3-3 – experience movement involving the components of health-related fitness.

General Outcome C – Students will interact positively with others:

C3-1 – describes and demonstrates respectful communication skills appropriate to context.

Direct Curricular Links – Grade 4

Social Studies:

Skills and processes for Grade 4: Dimensions of thinking

4.S.3. develop skills of geographical thinking

- Use the scale on maps of Alberta to determine the distance between places
- Use cardinal and intermediate directions to locate places on maps and globes

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A4-3 – Select, perform and refine simple locomotor sequences.

A4-7 – Select, perform and refine basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C4-1 – Articulates and demonstrates respectful communication skills appropriate to context.

C4-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Grade 5

Social Studies:

Skills and processes for Grade 5: Dimensions of thinking

5.S.4- Develop skills of geographical thinking

- Use cardinal and intermediate directions and simple grids to locate places on maps and globes
- Use the scale on maps and globes to determine the distance between places

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A5-3 – Consistently and confidently perform locomotor skills by using elements of body and space awareness, effort and relationships to a variety of stimuli to improve personal performance.

A5-7 – Select, perform and refine more challenging basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C5-1 – Identifies and demonstrates respectful communication skills appropriate to cooperative participation in physical activity.

C5-4 – Select and demonstrate responsibility for various roles while participating in physical education; and, accept ideas from others that relate to changing/adapting, movement experiences.

Direct Curricular Links – Grade 6

Social Studies:

Skills and processes for Grade 6: Dimensions of thinking

6.S.3: Develop skills of geographic thinking:

- Construct and interpret various types of maps (i.e., historical, physical, political maps) to broaden understanding of topics being studied
- Use cardinal and intermediate directions to locate places on maps and globes
- use scales to determine the distance between places on maps and globes

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A6-4 – Consistently and confidently perform locomotor skills by using elements of body and space awareness, effort and relationships to a variety of stimuli to improve personal performance.

A6-7 – Select, perform and refine more challenging basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C6-1 – Identifies and demonstrates respectful communication skills appropriate to various physical activities and that reflect feelings, ideas and experiences.

C6-4 – Identify and then take responsibility for various roles while participating in physical activity; and, identify leadership and followership skills used while participating in physical education.

Direct Curricular Links – Grade 7

Social Studies:

Skills and processes for Grade 7: Dimensions of thinking

7.S.3: Develop skills of geographic thinking

- Construct and interpret maps to broaden understanding of issues, places and peoples of Canada (i.e., elevation, latitude and longitude, population density, waterways)

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A7-4 – Demonstrate nonlocomotor skills by using elements of body and space awareness, effort and relationships, to improve personal performance.

A7-7 – Demonstrates activity-specific skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C7-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C7-4 – Identify and then take responsibility for various roles while participating in physical activity; and, identify the leadership and followership skills used while participating in physical education.

C7-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Grade 8

Social Studies:

Skills and processes for Grade 8: Dimensions of thinking

8.S.3: Develop skills of geographic thinking

- Construct and interpret various maps to broaden understanding of given topics
- Define geographic problems and issues and pose geographic questions

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A8-4 – Selects, combines and performs locomotor skills by using elements of body and space awareness, effort and relationships, to improve personal performance.

A8-7 – Applies activity specific skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C8-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C8-4 – Describes, applies and practices leadership and followership skills related to physical activity.

C8-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Grade 9

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A9-4 – Apply and refine nonlocomotor skills by using elements of body and space awareness, effort and relationships, to improve personal performance.

A9-7 – Applies and refines activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C9-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C9-4 – Describe, apply, monitor and practice leadership and followership skills related to physical activity.

C9-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Grade 10

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A10-3 – Apply and refine nonlocomotor skills and concepts – effort, space and relationships – to perform and create a variety of activities to improve personal performance.

A10-7 – Adapts and improves activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C10-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C10-4 – Describes, applies, monitors and assesses leadership and followership skills related to physical activity.

C10-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Grade 11

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A20-3 – Analyze, evaluate and modify performance of locomotor skills and concepts – effort, space and relationships – to perform and create a variety of activities to improve personal performance.

A20-7 – Develops and combines more challenging activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C20-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C20-4 – Apply, monitor and assess leadership and followership skills related to physical activities, and demonstrate an understanding of leadership skills related to implementing physical activity events or programs in the school and/or community.

C20-6 – Identifies and demonstrates positive behaviours that show respect for self and others.

Direct Curricular Links – Grade 12

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities and activities in an alternative environment:

A30-3 – Analyze, evaluate and adapt performance of nonlocomotor skills and concepts – effort, space and relationships – to perform and create a variety of activities to improve personal performance.

A30-7 – Recommends and relates a choice of activity-specific skills in an alternative environment to meet activity goal.

General Outcome C – students will interact positively with others:

C30-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

C30-4 – Apply, monitor and assess leadership and followership skills related to physical activities, and demonstrate an understanding of leadership skills related to implementing physical activity events or programs in the school and/or community.

C30-6- Identifies and demonstrates positive behaviours that show respect for self and others.

Program: Outdoor Skills

Grade Level: gr. 1 - 12

Direct Curricular Links – Grade 1

Science:

Topic C: Building Things

1-7: Construct objects and models of objects using a variety of different materials

1-8: Identify the purpose of different components in a personally constructed object or model, and identify corresponding components in a related object or model.

- Select appropriate materials, such as papers, plastics, woods; and design and build objects
- Identify component parts of personally constructed objects, and describe the purpose of each part
- Compare two objects that have been constructed for the same purpose, identify parts in one object that correspond to parts in another, and identify similarities and differences between these parts
- Recognize that products are often developed for specific purposes, and identify the overall purpose for each model and artifact constructed.

Direct Curricular Links – Grade 2

There are no direct links for this program in any subject areas.

Direct Curricular Links – Grade 3

Science:

Topic B: Building with a Variety of Materials

3-6: Use, safely, a variety of tools, techniques and materials in construction activities.

3-7: Construct structures, using a variety of materials and designs, and compare the effectiveness of the various materials and designs for their intended purposes

- Using a variety of materials and techniques, design, construct and test structures.
- Select appropriate materials for use in construction tasks, and explain the choice of materials.
- Understand and use a variety of methods to join or fasten materials
- Identify the intended purpose and use of structures to be built, and explain how knowing the intended purpose and use helps guide decisions regarding materials and design
- Understand that simple designs are often as effective as more complex ones, as well as being easier and cheaper to build, and illustrate this understanding with a practical example.
- Apply skills of listening, speaking and cooperative decision making in working with other students on a construction project.

Direct Curricular Links – Grade 4

There are no direct curricular links to this program

Direct Curricular Links – Grade 5

Science:

Topic D: Weather Watch

5–9 Investigate relationships between weather phenomena and human activity

- Describe and demonstrate methods for measuring wind speed and for finding wind direction.
- Test fabrics and clothing designs to choose those with characteristics that most effectively meet the challenges of particular weather condition

Direct Curricular Links – Grade 6

There are no direct links for this program in any subject areas

Direct Curricular Links – Grade 7

Environmental and Outdoor Education:

Outdoor Core:

1. c. Students will recognize the potential impact of their activities on environments they might enter and use
d. d. Students will recognize: the importance of planning for the needs and expectations of group members and all others affected
3. Students will demonstrate the knowledge and skills required for safe, comfortable, outdoor living.
b. Students will make preparations to meet food needs during extended outdoor activities by demonstrating understanding of:
 - nutrition requirements
 - portability and preservation
 - food preparation techniques (e.g., cooking, fires and stoves).
5. Students will acquire and practise minimum impact outdoor living and travelling skills in the following areas:
 - trail maintenance techniques (e.g. avoidance of trail widening)
 - campsite care (e.g., fires vs. stoves, tent site selection, firewood selection)
 - waste disposal techniques (e.g., latrines, waste water disposal, garbage).

Direct Curricular Links – Grade 8

Outdoor Core:

1. c. Students will recognize the potential impact of their activities on environments they might enter and use
d. d. Students will recognize: the importance of planning for the needs and expectations of group members and all others affected
3. Students will demonstrate the knowledge and skills required for safe, comfortable, outdoor living.
b. Students will make preparations to meet food needs during extended outdoor activities by demonstrating understanding of:
 - nutrition requirements
 - portability and preservation
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 - trail maintenance techniques (e.g. avoidance of trail widening)
 - campsite care (e.g., fires vs. stoves, tent site selection, firewood selection)
 - waste disposal techniques (e.g., latrines, waste water disposal, garbage).

Direct Curricular Links – Grade 9

Outdoor Core:

1. c. Students will recognize the potential impact of their activities on environments they might enter and use
d. d. Students will recognize: the importance of planning for the needs and expectations of group members and all others affected
3. Students will demonstrate the knowledge and skills required for safe, comfortable, outdoor living.

b. Students will make preparations to meet food needs during extended outdoor activities by demonstrating understanding of:

- nutrition requirements
- portability and preservation
- food preparation techniques (e.g., cooking, fires and stoves).

5. Students will acquire and practise minimum impact outdoor living and travelling skills in the following areas:

- trail maintenance techniques (e.g. avoidance of trail widening)
- campsite care (e.g., fires vs. stoves, tent site selection, firewood selection)
- waste disposal techniques (e.g., latrines, waste water disposal, garbage).

Direct Curricular Links – Grade 10

Outdoor Core:

1. c. Students will recognize the potential impact of their activities on environments they might enter and use

d. d. Students will recognize: the importance of planning for the needs and expectations of group members and all others affected

3. Students will demonstrate the knowledge and skills required for safe, comfortable, outdoor living.

b. Students will make preparations to meet food needs during extended outdoor activities by demonstrating understanding of:

- nutrition requirements
- portability and preservation
- food preparation techniques (e.g., cooking, fires and stoves).

5. Students will acquire and practise minimum impact outdoor living and travelling skills in the following areas:

- trail maintenance techniques (e.g. avoidance of trail widening)
- campsite care (e.g., fires vs. stoves, tent site selection, firewood selection)
- waste disposal techniques (e.g., latrines, waste water disposal, garbage).

Direct Curricular Links – Grade 11

Outdoor Core:

1. c. Students will recognize the potential impact of their activities on environments they might enter and use

d. d. Students will recognize: the importance of planning for the needs and expectations of group members and all others affected

3. Students will demonstrate the knowledge and skills required for safe, comfortable, outdoor living.

b. Students will make preparations to meet food needs during extended outdoor activities by demonstrating understanding of:

- nutrition requirements
- portability and preservation
- food preparation techniques (e.g., cooking, fires and stoves).

5. Students will acquire and practise minimum impact outdoor living and travelling skills in the following areas:

- trail maintenance techniques (e.g. avoidance of trail widening)
- campsite care (e.g., fires vs. stoves, tent site selection, firewood selection)
- waste disposal techniques (e.g., latrines, waste water disposal, garbage).

Direct Curricular Links – Grade 12

Outdoor Core:

1. c. Students will recognize the potential impact of their activities on environments they might enter and use

d. d. Students will recognize: the importance of planning for the needs and expectations of group members and all others affected

3. Students will demonstrate the knowledge and skills required for safe, comfortable, outdoor living.

b. Students will make preparations to meet food needs during extended outdoor activities by demonstrating understanding of:

- nutrition requirements
- portability and preservation

- food preparation techniques (e.g., cooking, fires and stoves).
5. Students will acquire and practise minimum impact outdoor living and travelling skills in the following areas:
- trail maintenance techniques (e.g. avoidance of trail widening)
 - campsite care (e.g., fires vs. stoves, tent site selection, firewood selection)
 - waste disposal techniques (e.g., latrines, waste water disposal, garbage).

Program: Predator and Prey

Grade Level: gr. 4 - 12

Direct Curricular Links – Grade 4

Physical Education:

General Outcome A- Students will acquire skills through a variety of developmentally appropriate movement activities:

A4-10 – Demonstrates critical thinking and problem-solving skills to modify games and achieve activity outcomes.

General Outcome C – Students will interact positively with others:

C4-3 – Identify and demonstrate etiquette and fair play.

Direct Curricular Links – Grade 5

Science:

Topic E – Wetland Ecosystems

5–10 Describe the living and nonliving components of a wetland ecosystem and the interactions within and among them.

- Understand that a wetland ecosystem involves interactions between living and nonliving things, both in and around the water.
- Understand and appreciate that all animals and plants, not just the large ones, have an important role in a wetland community.
- Identify the roles of different organisms in the food web of a pond:
 - producers—green plants that make their own food, using sunlight
 - consumers—animals that eat living plants and/or animals

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A5-10 – Applies critical thinking and problem-solving skills to create competitive and cooperative modified games that involve everyone.

General Outcome C – Students will interact positively with others:

C5-3 – Demonstrate etiquette and fair play.

Direct Curricular Links – Grade 6

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A6-10 – demonstrate sport specific skills to create competitive and cooperative modified games that involve everyone.

General Outcome C – Students will interact positively with others:
C6-3 – Demonstrate etiquette and fair play.

Direct Curricular Links – Grade 7

Science:

Unit A – Interactions and Ecosystems

1. Investigate and describe relationships between humans and their environments, and identify related issues and scientific questions
 - Illustrate how life-supporting environments meet the needs of living things for nutrients, energy sources, moisture, suitable habitat, and exchange of gases
 - Describe examples of interaction and interdependency within an ecosystem (e.g., identify
2. Trace and interpret the flow of energy and materials within an ecosystem
 - Analyze ecosystems to identify producers, consumers and decomposers; and describe how energy is supplied to and flows through a food web, by:
 - Describing and giving examples of energy and nutrient storage in plants and animals
 - Describing how matter is recycled in an ecosystem through interactions among plants, Animals, fungi, bacteria and other microorganisms
 - Interpreting food webs, and predicting the effects of changes to any part of a web
3. Monitor a local environment, and assess the impacts of environmental factors on the growth, health and reproduction of organisms in that environment
 - Investigate a variety of habitats, and describe and interpret distribution patterns of living things found in those habitats (e.g., describe and compare two areas within the school grounds—a relatively undisturbed site and a site that has been affected by heavy use; describe and compare a wetland and a dryland area in a local parkland)
 - Investigate and interpret evidence of interaction and change (e.g., population fluctuations, changes in weather, availability of food or introduction of new species into an ecosystem)

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A7-10 – Demonstrates activity-specific basic skills in a variety of games.

General Outcome C – Students will interact positively with others:

C7-3 – Demonstrate etiquette and fair play.

Direct Curricular Links – Grade 8

Science:

Unit B – Cells and Systems

1. Investigate living things; and identify and apply scientific ideas used to interpret their general structure, function and organization
 - Illustrate and explain how different organisms have similar functions that are met in a variety of ways
 - Illustrate and explain how different organisms have similar functions that are met in a variety of ways

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A8-10 - Select, combine and perform activity-specific basic skills in a variety of games.

General Outcome B – Students will understand, experience and appreciate the health benefits that result from physical activity.

General Outcome C – Students will interact positively with others:
C8-3 – Demonstrate etiquette and fair play.

Direct Curricular Links – Grade 9

Science:

Unit A - Biological Diversity

1. Investigate and interpret diversity among species and within species, and describe how diversity contributes to species survival

- Identify examples of niches, and describe the role of variation in enabling closely related living things to survive in the same ecosystem (e.g., investigate different bird species found in a local park ecosystem, and infer how each is adapted to life within that ecosystem)
- Investigate and interpret dependencies among species that link the survival of one species to the survival of others
- Identify the role of variation in species survival under changing environmental conditions (e.g., resistance to disease, ability to survive in severe environments)

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A9-10 – Applies and refines activity-specific basic skills in a variety of games.

General Outcome C – Students will interact positively with others:
C9-3 - Demonstrate etiquette and fair play.

Direct Curricular Links – Grade 10

Science:

Science 14 – Unit C: Investigating Matter and Energy in Living Systems

- Capture, storage and use of energy by living organisms.

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A-10 – Adapts and improves activity-specific skills in a variety of games.

General Outcome C – students will interact positively with others:
C10-3 - Demonstrate etiquette and fair play.

Direct Curricular Links – Grade 11

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A20-10 – develops and refines activity-specific skills in a variety of games.

General Outcome C – Students will interact positively with others:
C20-3 - Demonstrate etiquette and fair play.

Direct Curricular Links – Grade 12

Science:

Biology 30 – Unit D: Population and Community Dynamics

General Outcome 1: Student will explain the interactions in a population with one another and with members of other populations.

30-D2.1k: Describe the basis of species interactions and symbiotic relationships and describe the influence of these interactions on population changes; i.e.,

- predator-prey and producer-consumer relationships
- symbiotic relationships: commensalism, mutualism and parasitism
- interspecific and intraspecific competition

30-D2.2k Explain the role of defence mechanisms in predation and competition; e.g., mimicry, protective coloration, toxins, behaviour

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A30-10 – develops and further refines activity-specific skills in a variety of games.

General Outcome C – Students will interact positively with others:

C30-3 - Demonstrate etiquette and fair play.

Program: Snowshoeing

Grade Level: gr. K – 12

Direct Curricular Links – Kindergarten

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

AK-7 – Experiences the basic skills in a variety of environments.

General Outcome C – Students will interact positively with others:

CK-1 – To begin to develop respectful communication skills appropriate to context.

General Outcome D – students will assume responsibility to lead an active way of life:

DK-4 – Participates in safe warm-up and cool-down activities.

Direct Curricular Links – Grade 1

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A1-7 – Demonstrates the basic skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C1-1 – Develops and demonstrates respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

D1-4 – Participates in safe warm-up and cool-down activities.

Direct Curricular Links – Grade 2

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A2-7 – Selects and performs basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C2-1 – Identifies and demonstrates respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

D2-4 – Demonstrates and participates in safe warm-up and cool-down activities.

Direct Curricular Links – Grade 3

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A3-7 – Selects and performs basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C3-1 – Describes and demonstrates respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

D3-4 – Demonstrates and participates in safe warm-up and cool-down activities.

Direct Curricular Links – Grade 4

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A4-7 – Select, perform and refine basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C4-1 – Articulates and demonstrates respectful communication skills appropriate to context.

General Outcome D – Students will assume responsibility to lead an active way of life:

D4-4 – Participates in, and identifies the benefits of, safe warm-up and cool-down activities.

Direct Curricular Links – Grade 5

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A5-7 – Select, perform and refine more challenging basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C5-1 – Identifies and demonstrates respectful communication skills appropriate to cooperative participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D5-4 – Participates in, and identifies the benefits of, safe warm-up and cool-down activities.

Direct Curricular Links – Grade 6

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A6-7 – Select, perform and refine more challenging basic skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C6-1 – Identifies and demonstrates respectful communication skills appropriate to various physical activities and that reflect feelings, ideas and experiences.

General Outcome D – Students will assume responsibility to lead an active way of life:

D6-4 – Participates in, and demonstrates the benefits of, safe warm-up and cool-down activities.

Direct Curricular Links – Grade 7

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A7-7 – Demonstrates activity-specific skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C7-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D7-4 – Explains the benefits of, and demonstrates safe, warm-up and cool-down activities.

Direct Curricular Links – Grade 8

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A8-7 – applies activity-specific skills in a variety of environments and using various equipment.

General Outcome C – Students will interact positively with others:

C8-1 – communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D8-4 – designs and performs warm-up and cool-down activities.

Direct Curricular Links – Grade 9

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A9-7 – Applies and refines activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C9-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D9-4 – Analyzes, designs and performs warm-up and cool-down activities.

Direct Curricular Links – Physical Education 10

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A10-7 – Adapts and improves activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C10-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D10-4 – Analyzes, designs and assesses warm-up and cool-down activities.

Direct Curricular Links – Physical Education 20

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A20-7 – Develops and combines more challenging activity-specific skills in a variety of environments.

General Outcome C – Students will interact positively with others:

C20-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D20-4 – Analyzes, designs and assesses warm-up and cool-down activities.

Direct Curricular Links – Physical Education 30

Physical Education:

General Outcome A – Students will acquire skills through a variety of developmentally appropriate movement activities:

A30-1 – Analyzes, evaluates and adapts performance of locomotor skills and concepts – effort, space and relationships – to perform and create a variety of activities to improve personal performance.

General Outcome C – Students will interact positively with others:

C30-1 – Communicates thoughts and feelings in an appropriate respectful manner as they relate to participation in physical activity.

General Outcome D – Students will assume responsibility to lead an active way of life:

D30-4 – Analyzes, designs and assesses warm-up and cool-down activities.