

Hello, if you are in isolation, quarantine, or are experiencing any challenges due to the coronavirus, I would like to offer my help.

My name is:

I live in (neighbourhood):

My phone number is:

I am able to:

- Pick-up & deliver shopping
- Have a friendly conversation
- Provide urgent supplies
- Translate info into:
- Please don't hesitate to call or text.I will do my best to help you.





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