



Walk Edmonton

Walk Edmonton is an initiative bringing Edmontonians together to build a more walkable community by providing grass roots resources and building civic support. Check out our website for links to other walking resources, maps, walking groups and places to walk in Edmonton. edmonton.ca/walkedmonton
780-944-5339

Other Walking Resources

Alberta Centre for Active Living
centre4activeliving.ca
780-492-4863

Canada Walks
canadawalks.ca

Live Active Strategy 2016 – 2026

Quality active recreation and sport opportunities for all makes Edmonton a desirable city in all four seasons in which to live, learn, work and, most importantly play.

This strategy provides a road map for supporting the active recreational and sporting needs of all Edmontonians. edmonton.ca/liveactive

UWALK
UWALK.ca

Shape (Safe Healthy Active People Everywhere)
shapeab.com

Get involved with Walk to School Week and Walking School Bus Programs

edmonton@shapeab.com
780-406-8530

Hodgson Wetlands



The Benefits of Walking

Walking... a healthy journey!

Ranked the number one activity of choice among Canadians, walking is a prescription for improved health and wellness. Walk briskly for 30 minutes a day, 5 days a week, and minimize your risk for cardiovascular disease, stroke, Type 2 diabetes and some types of cancer. Additional benefits include weight management, blood pressure control and boosting good cholesterol (HDLs).

Other benefits of walking:

- Releases the body's tension and stress.
- Refreshes the mind and body, especially when walking outdoors.
- Allows you to connect with your community.
- Offers an excellent way to socialize with family and/or friends.
- Increases "eyes on the street", enhancing community safety.



Shared Use Path on Utility Right-of-Way

Walking with your Dog

Edmonton has over 40 locations where you can enjoy your walk while your dog is off-leash. Please remember that all sites where dogs are permitted to be off-leash are multi-use areas used by all. Your dog must be leashed when not in a designated off-leash area. The dog icons shown on this map are placed in the approximate location of each off-leash area, but do not show the precise boundaries. For more information, including details on off-leash boundaries, check the Parks for Paws Brochure or go to edmonton.ca (keyword off-leash)

There are 1,440 minutes in a day, schedule 30 of them for walking!

Local Contacts

Hodgson Community League
hcl.communications22@gmail.com

Oak Hills Community League (Carter Crest & Leger)
info@oakhillsonline.ca

Ogilvie Ridge Community League (Whitemud Creek Homeowners Association)
general@whitemudcreek.ca

TRAC (Terwillegar Riverbend Advisory Council)
780-439-9394
tracspirit.ca

Subscribe to Terwillegar Riverbend Alert System: alerts@TRACspirit.ca

Terwillegar Community Recreation Centre
2051 Leger Road
311

Edmonton Public Library Riverbend Branch
460 Riverbend Square NW
780-944-5311
epl.ca

Edmonton Federation of Community Leagues
efcl.org

Weather

780-468-4940
weather.gc.ca/canada

City Information
311

Information and referral to social, government, and health services.
211

Emergency Contacts

Police/Ambulance/Fire
911

Police Complaint Line
780-423-4567

Health Link
811

About the Community Walking Maps

This Community Walking Map is part of a series of walking guides. Each map is created as a joint project of Walk Edmonton and local Community groups to promote walkable communities. Contact us to find out if your community has an edition of this map series or to find out more about creating a map.

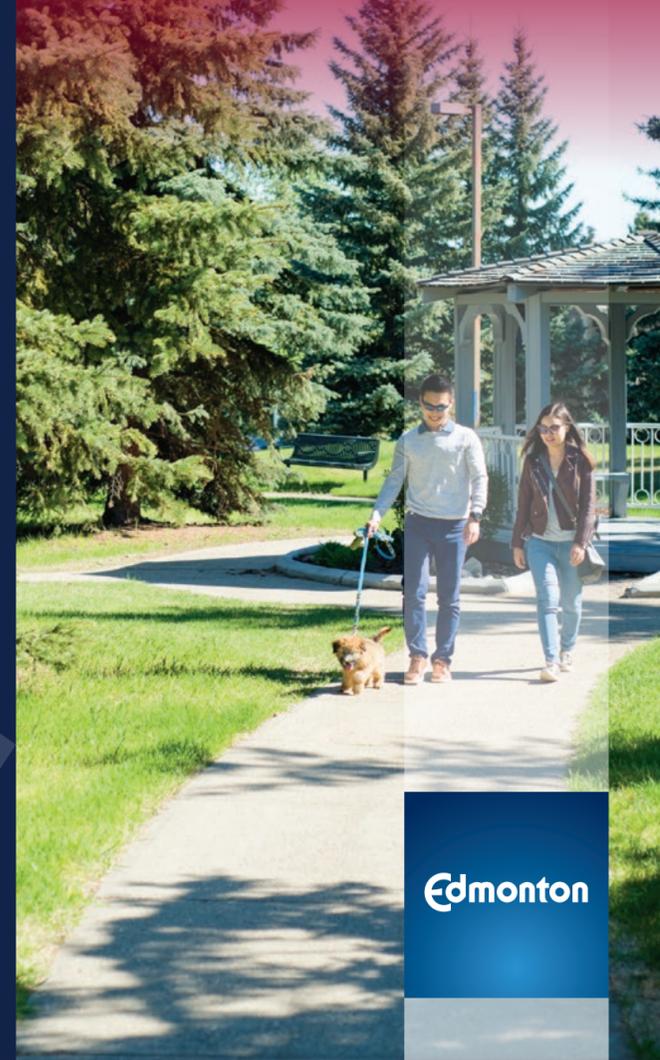
Walkedmonton@edmonton.ca
780-944-5339



Printed 2018

COMMUNITY WALKING MAP

Carter Crest, Hodgson, Leger, Ogilvie Ridge



Edmonton



healthy, active living for all. Facilities include:

- three city parks — Robert Carter (2 segments), Hodgson, and Ogilvie Ridge
- one district park — Terwillegar Heights
- a major east-west multi-use trail in the utility corridor traverses the communities and has pedestrian bridges over Terwillegar Drive and over Whitemud Creek
- two wetland reserve nature areas
- Whitemud Ravine Nature Reserve, a developed section of the river valley with many natural trails
- the Terwillegar Community Recreation Centre (TRC) and the newly completed MacLab Theatre at Lillian Osborne School

The four parks offer space for outdoor recreation. The parks have benches, picnic tables, trails, soccer fields, ball diamonds, tobogganing hills and wide open spaces for kite flying or anything else one can think of. Our Community Leagues invite you to enjoy the outdoors in all seasons. Get out and get active!

residents of Carter Crest and Leger, Hodgson and Ogilvie Ridge Community Leagues, neighbours to the east, have worked collectively with Oak Hills to create this community map.

The Walking Map area is bordered by Rabbit Hill Road on the north, Terwillegar Drive on the west, 23 avenue on the south and the Whitemud Ravine Nature Reserve on the east.

The name of Whitemud Creek was noted in 1858 by Dr. James Hector of the Palliser Expedition. The white-coloured mud found along the creeks banks, and in the immediate vicinity, was used to white-wash the Hudson's Bay Company buildings. While walking along the creek edge you may notice exposed areas of the ravine's underlying sandstone, clay, shale and numerous coal seams visible in the eroded ravine embankments.

The walkways and roadways in these neighbourhoods provide easy access to the River Valley to the west and the Whitemud Ravine Nature Reserve to the east - both connect to the Trans Canada Trail <https://thegreattrail.ca/explore-the-map/>. Perennial to the subject area on this map are Falconer Heights, Rhatigan Ridge, Bulyea Heights, Terwillegar Towne, Magrath Heights, Blue Quill and Westbrook Estates. Across the river, Cameron Heights and Wedgewood neighbourhoods can be accessed by foot via the pedestrian bridge under the Anthony Henday Drive crossing. Like other community leagues, Oak Hills, Hodgson and Ogilvie Ridge promote

Carter Crest is named after Robert L. Carter (1858-1931), a Canadian government agent who advised Americans on their immigration prospects to Canada. Carter was very active in Strathcona political affairs, serving on the council for rural residents, acting as the president of the Conservation Association of Strathcona, and was a member of the Masonic Order.

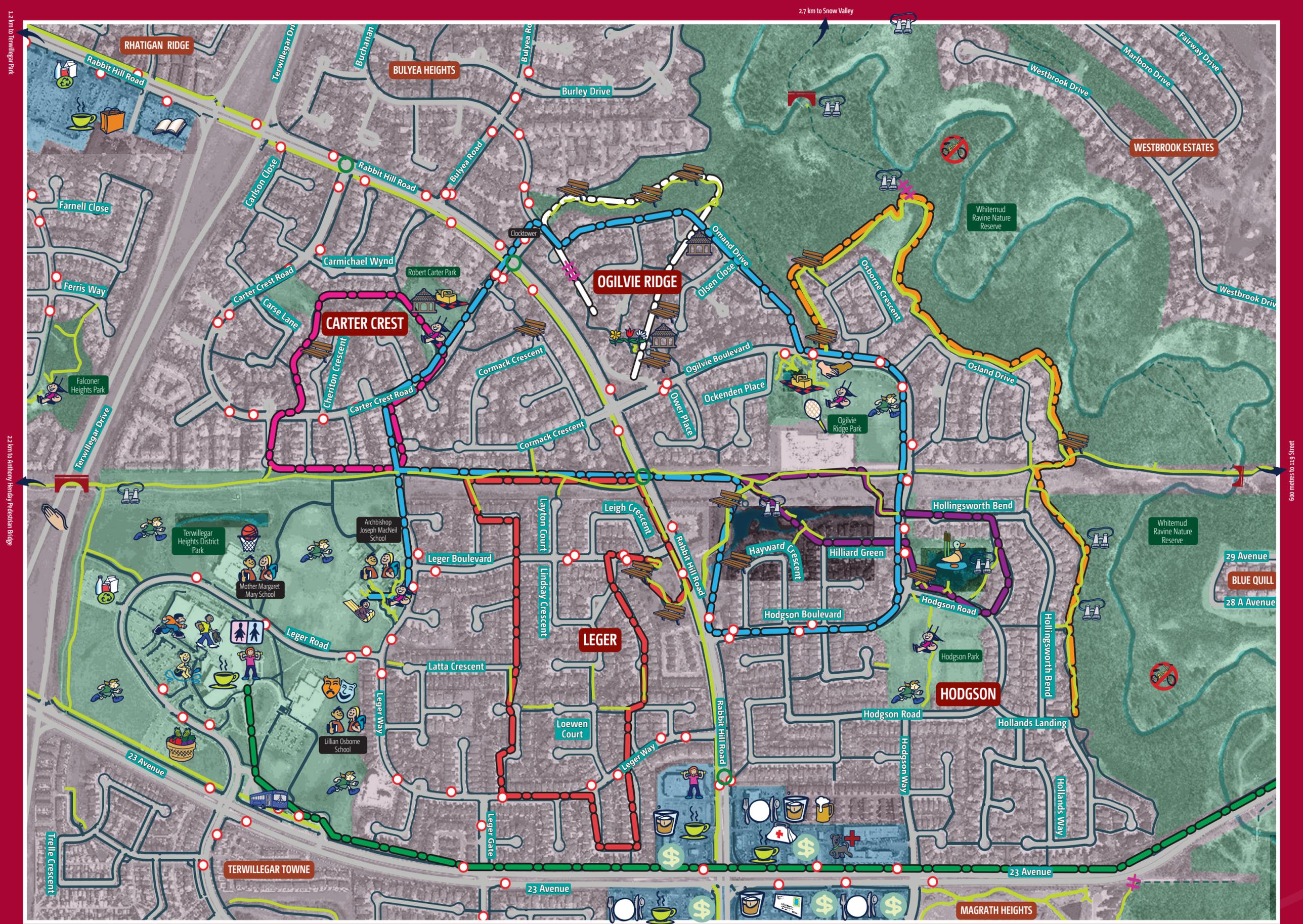
The Hodgson neighbourhood is named after John Hodgson (1888-1969), an audit clerk, city commissioner and financial commissioner for the City of Edmonton for nearly 40 years. John Hodgson came to Edmonton from England in 1913, where he had worked as a chartered accountant.

The Leger neighbourhood is named after Edmund H. Leger, (1916-1990) a long serving Edmonton politician. Edmund joined the Canadian Army during WWII and served in the Second Canadian Infantry and later in the Plover Corps, as a special investigator. He was first elected to City Council in 1959 and went on to serve as an alderman for 25 years.

The Ogilvie Ridge neighbourhood is named after James H. Ogilvie (1893-1977), a politician, lawyer, and veteran who joined the Canadian Army from Nova Scotia in 1914 and enrolled at the University of Alberta. He was called to the bar in 1920 and served as a City Alderman between 1932 and 1948.

The Oak Hills Community League is a young community league made up of

Carter Crest, Hodgson, Leger, Ogilvie Ridge

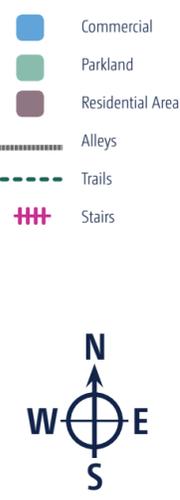


3.3 km to Terwillegar Park

2.7 km to Snow Valley

2.2 km to Anthony Henday Pedestrian Bridge

600 metres to 119 Street



Scale
0.00 0.20 0.40 0.60 0.80 1.00
Kilometres
0.75 Kilometres = About 10 minutes walking
About 1,000 steps walking
About 3 minutes cycling

Sample walking routes

- Robert Carter Loop 1.0 km
- Garden Walk 1.1 km
- Wetlands Nature Walk 1.5 km
- Ravine Walk 2.0 km
- Fitness Hill Climb 2.7 km
- Leger Loop 2.8 km
- Parks Crawl 4.2 km

Legend

- Commercial
- Parkland
- Residential Area
- Alleys
- Trails
- Stairs
- Paved Shared Use Paths
- Pedestrian Bridge
- Sidewalk
- Roadway
- Bus Stop (2018)
- Crosswalk with Signal

CARTER CREST, HODGSON, LEGER, OGILVIE RIDGE

Legend

- Bank
- Basketball Court
- Coffee Shop
- Community Garden
- Community Hall
- ETS Bus Transit Centre
- Farmers Market
- Fitness Centre
- Gazebo
- Health Centre/Medical
- Library
- Liquor Store
- No Bikes
- Picnic Site
- Place of Worship
- Playground
- Post Office
- Pub
- Public Washroom
- Recreation Centre
- Recycling Centre
- Restaurant
- Rest Stop
- Scenic Viewpoint
- School
- Shopping Area
- Skating Rink
- Sports Field
- Swimming Pool
- Tennis
- Theatre
- Toboggan Hill
- Vet Clinic
- Wetlands

WALK EDMONTON

Edmonton