## Walk Edmonton

Walk Edmonton is an initiative that develops and shares maps and resources to facilitate and promote walking for both recreation and as active transportation. Visit our website for links to other walking resources and maps.

edmonton.ca/walkedmonton 780-944-5339

## **Other Walking Resources**

Alberta Centre for Active Living centre4activeliving.ca 780-427-6949 Canada Walks canadawalks.ca UWalk UWALK.ca

#### Shape (Safe Healthy Active People Everywhere)

shapeab.com Get involved with Walk to School Week and Walking School Bus Programs

edmonton@shapeab.com 780-406-8530



#### Aldergrove, Callingwood North, Lymburn and Thorncliff Four West Edmonton Communities are represented on this Map.

These communities have many walking trails and beautiful green spaces and parks throughout, including a District Park in Callingwood North. All the neighbourhoods were developed in the 1970's and 1980's and are now established communities, each with its' own uniqueness that make them great places to live, work and play.

### Aldergrove

The name Aldergrove is believed to be named after the most common species of alder in Canada, the speckled alder. The neighbourhood has one public school and two large parks, Aldergrove Park and Primrose Park. Aldergrove Park, which includes a natural tree stand, was redeveloped in 2012 in partnership with the Aldergrove School. Primrose Park, now has a rehabilitation committee to look at upgrading this park, for more information go to www.primerosepark.ca Aldergrove

## The Benefits of Walking

#### Walking... a healthy journey!

Ranked the number one activity of choice among Canadians, walking is a prescription for improved health and wellness.

- Releases the body's tension and stress.
- Refreshes the mind and body, especially when walking outdoors.
- Allows you to connect with your community.
- Offers an excellent way to socialize with family and/ or friends.
- Increases "eyes on the street", enhancing community safety.



## Walking with your Dog 🕌

Edmonton has over 40 locations where you can enjoy your walk while your dog is off-leash. Please remember that all sites where dogs are permitted to be off-leash are multi-use areas used by all. Your dog must be leashed when not in a designated off-leash area. The dog icons show on this map are placed in the approximate location of each off-leash area, but do not show the precise boundaries. For more information, including details on off-leash boundaries, check the Parks for Paws Brochure or go to edmonton.ca (keyword off-leash)

There are 1,440 minutes in a day, schedule 30 of them for walking!

#### Lymburn

The neighbourhood, the public school and Lymburn park (officially named in 2016) are all named after John F. Lymburn, a Scottish born lawyer, who served as Attorney General in the Alberta Legislative Assembly from 1926 to 1935. The second park in Lymburn is named after Monsignor Walter Fitzgerald, who was a director of religious education for the Archdiocese of Edmonton. The St. Martha Catholic School is located at this park. The St. Martha Parent Council helped with the redevelopment of the Monsignor Walter Fitzgerald Park completing the last phases in 2016, including a spray deck and a fitness pod.

## **Callingwood North**

The Callingwood neighbourhood was divided into North and South in 1979 with the district park remaining in Callingwood North. Callingwood North has Callingwood Elementary School and Blessed Oscar Romero Catholic High School. The park was originally named West Jasper Place Park. The name changed in 1979, to the Callingwood District Park which has many amenities for all to enjoy. This District Park is also home to the South Jasper Park Minor Baseball Association and is the host site of the annual Kites Over Callingwood. This festival has been put on by Callingwood-Lymburn Community League since 1992.

## Local Contacts

# Callingwood-LymburnWeatherCommunity League780-468-4

18740 – 72 Avenue 780-481-1495 callingwoodlymburn@ hotmail.com facebook.com/Callingwood LymburnCommunity

#### Aldergrove Community

League 8535 – 182 Street Office Phone: 780-481-1588 Childcare Phone: 780-481-9153 aldergro@telusplanet.net facebook.com/ aldergroveonline

#### Thorncliff Community

**League** 8215 – 175 St NW info@thorncliffcl.ca thorncliffcl.ca 780-468-4940 **City Information** Call 311

#### Emergency Contacts

**Police/Ambulance/Fire** 911

**Police Complaint Line** 780-423-4567

#### Walking Resources

Alberta Centre for Active Living centre4activeliving.ca

780-427-6949 **Canada Walks** canadawalks.ca



## COMMUNITY WALKING MAP

# Aldergrove, Callingwood North, Lymburn and Thorncliff



## Light up the Trail

Started as a safety initiative in North Callingwood in January 2017 the partnership was with the residents and the Neighbourhood Empowerment Team and has continued to grow to include residents in Thorncliff.

The initiative started with residents along the trail being approached and asked if they would like to string lights on their back fences to help make Arrowhead Trail a brighter place to be. It was greatly received by the resident and the public. Neighbours have said that "the lights make Arrowhead Trail more welcoming and have given neighbours and Trail users something to talk to each other about". The initiative has continued and expanded to now includes houses along the trail in Thorncliff.



Printed 2018

## About Community Walking Maps

This Community Walking Map is part of a series of walking guides. Each map is created as a joint project of Walk Edmonton and local Community groups to promote walkable communities. Contact us to find out if your community has an edition of this map series or to find out more about creating a map.

> Walkedmonton@edmonton.ca 780-944-5339

#### Trail Names

Oral history and archaeological evidence reveal that Indigenous Peoples have lived in the Edmonton area for over 8,000 years and provided significant contributions for the success of the fur trade of the Hudson's Bay and North West Companies. Prior to European explorers and traders visiting the Edmonton area, the territory was inhabited by many Indigenous Peoples including members of the Assiniboine, Blackfoot, Cree, Dene, Iroquois, Salteaux, and Sioux First Nations and Metis. Reflecting this rich past there are over 100 place names in Edmonton with Indigenous roots. In the late 1960's and early 1970's three sidewalk paths in the Callingwood area were named in recognition of the extensive Indigenous history:

has an active walking group, which also includes dogs that walks regularly from snow melt to the first snowfall. This neighbourhood has beautiful paths that residents can walk all year long. The neighbourhoods of Aldergrove and Lymburn are connected by the Decoteau Trail which provides a pedway over Whitemud Freeway.

> Aldergrove, Callingwood North, Lymburn and Thorncliff

#### Kites Over Callingwood

To commemorate over 25 years of the local festival "The Kites over Callingwood" Mural was added on dugout #4 in Callingwood Park. This beautiful mural was supported by multiple partners including student artists from both Callingwood Elementary School and Blessed Oscar Romero High School. Hopefully this project will be the first of many to come.

#### Thorncliff

The neighbourhood was developed in 1969. The community park has the same name and is home to two elementary schools, Thorncliff and St. Justin. The Thorncliff Community League has a popular community garden program for residents and nearby elementary school students within its leased boundaries. The only outdoor remote control race car track in the province also calls Thorncliff its home. Thorncliff Park is home to a much loved toboggan hill that is now thrilling its fourth generation of winter fun seekers. Named in 1969, Arrowhead Trail runs north-south from 87 Avenue to 76 Avenue connecting Thorncliff and North Callingwood. Decoteau Trail was named in 1971 and runs north-south between 80-87 Avenue just to the east of 184 street. Sgt. Alex Wuttanee Decoteau (1887-1917) was an Olympic athlete and Canada's first Indigenous police officer. In 1911 Decoteau was hired as a police officer by the City Of Edmonton. He was born on the Red Pheasant Reserve, near Battleford, in present-day Saskatchewan, and was the only Albertan that competed in the 1912 Olympic Games in Stockholm, Sweden. The Tomahawk Trail runs east to west and connects Arrowhead and Decoteau Trails, just north of 84 Avenue.





Accessible Route

Health Centre/Medical

Library

Heritage Tree

Late Night Store

Off-Leash Area

Pharmacy

Public Art/Monument/Statue

Public Washroom

Parkland Residential Area Crosswalk with Signal





G

Basketball Court



Cafe



Community Garden



Ŕ

Drinking Fountain





Farmer's Market



WALK EDMONTON

Community League

Picnic Site Playground

Post Box/Post Contraction of the local data

Point of Interest

Edmonton



Vet





Remote control outdoor race car track (NASCAR)

5 km Lymburn Walkers Routes (short & long) S 5.5 km Aldergrove Walking Club Route (round trip) Scale 0.0 0.2 0.4 0.6 0.8







Kites over Callingwood Mural



The gargoyles along a walkway in Lymburn