A toolkit to inspire climate action with your neighbours!

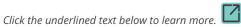
Additional Resources

Links to education and instructions to help you take the next step *Last updated:* July 2025

Have a link to share? Email changeforclimate@edmonton.ca.

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STARTER CARDS: ADDITIONAL RESOURCES



S1 | Get to Know Your Neighbours

Edmonton Federation of Community Leagues (EFCL)

https://efcl.org

Keep Neighbouring: A grassroots initiative fostering neighbour-to-neighbour relationships in Edmonton
https://edmonton.ca/keepneighbouring

Nextdoor: Connect with the City and your neighbours in the Nextdoor app https://ca.nextdoor.com/agency-detail/ab/edmonton/city-of-edmonton/?i=bkgsskqjdmmcgsfjdhpr

Resilient Streets Toolkit | Building Resilient Neighbourhoods: A collaborative effort to

help create more resilient communities and neighbourhoods in BC https://resilientneighbourhoods.ca/wp-content/uploads/2017/03/Resilient Streets Toolkit.pdf

S2 | Learn About Climate Change

Change for Climate

https://changeforclimate.ca

Climate Change Adaptation Videos

https://www.google.com/url?q=https://www.edmonton.ca/city_government/environmental_stewardship/a-tiny-explanation-how-to-vi_deos-and-infographics&sa=D&source=docs&ust=1734483730311231&usg=AOvVaw3OFkKk167BigUSrNStnMke

Climate Change in Canada | Climate Atlas of Canada

https://climateatlas.ca

Eco Grief: Understanding and Coping with Eco-Anxiety

https://mentalhealthcommission.ca/resource/understanding-and-coping-with-eco-anxiety

Eco Grief: How to cope with the emotional impacts of climate change

https://ucalgarv.ca/news/eco-grief-how-cope-emotional-impacts-climate-change

Edmonton's Energy Transition

https://edmonton.ca/energytransition

Edmonton Climate Change Adaptation

https://edmonton.ca/climateresilience

Energy and Climate Change: Climate research, strategies and programs in Edmonton https://edmonton.ca/sites/default/files/public-files/assets/PDF/EnergyCCprimer.pdf

Map of Adaptation Actions | Changing Climate: See Canadian communities in action https://changingclimate.ca/map/#lat=58.428623993067418lng=-97.680221749999598z=3

Nexus | Project Regeneration: Ideas for how to take action

https://regeneration.org/nexus

Prairie Climate Centre

https://prairieclimatecentre.ca

Preparing Albertans for Climate Change

https://www.ucalgary.ca/sustainability/mobilizing-alberta/preparing-albertans-climate-change-e-course

Preparing for Climate Change

https://edmonton.ca/programs_services/emergency_preparedness/preparing-for-climate-change

Talk Climate to Me | Project Neutral

https://talkclimatetome.ca

The Regenerators

https://theregenerators.org

S3 | Become a Climate Change Advocate

Climate Change Adaptation

https://edmonton.ca/climateresilience

Climate Justice Edmonton

https://climatejusticeedmonton.com

Council of Canadians (Edmonton Chapter)

https://canadians.org/group/edmonton-chapter

Edmonton Youth for Climate

https://facebook.com/edmontonvouthforclimate

For Our Kids

https://www.forourkids.ca

Homeowner Actions

https://www.climateresilienthome.ca

Indigenous Climate Action

https://www.indigenousclimateaction.com/

Paths for People

https://pathsforpeople.org

Seniors for Climate Action

https://seniorsforclimate.org/en/home/

Tomorrow Foundation for a Sustainable Future

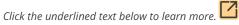
https://tomorrowfoundation.ca

S4 | Explore Local Assets

Neighbourhood Asset Checklist

 $\underline{https://www.edmonton.ca/sites/default/files/public-files/N4C-LocalAssetInventoryWorksheet.pdf?cb=1752677590}$

EMERGENCY PREP: ADDITIONAL RESOURCES





P0 | Emergency Prep

Canadian Red Cross Blog: Could you survive on what's in your pantry?

https://www.redcross.ca/blog/2023/1/could-you-survive-on-what-s-in-your-pantry

Climate Change Adaptation

https://edmonton.ca/climateresilience

Office of Emergency Management

https://edmonton.ca/emergencymanagement

Preparing for Climate Change

https://edmonton.ca/programs_services/emergency_preparedness/preparing-for-climate-change

We're Ready

https://www.google.com/url?q=https://www.werereadv.org/&sa=D&source=docs&ust=1752680122226510&usg=AOvVaw2mB-c3ivRdI e92OslfzGmC

P1 | Identify Local Risks

"Characteristics of a Resilient Neighbourhood" Checklist | Building Resilient Neighbourhoods https://www.resilientneighbourhoods.ca/wp-content/uploads/2017/03/RN Checklist.pdf

FireSmart Alberta - At Home

https://firesmartalberta.ca/at-home

Neighbourhood Hazard/Risk Assessment

https://srd.ca/wp-content/uploads/2023/10/NEPP-Hazard-Risk-Assessment-Form.pdf

Personal Preparedness

https://www.edmonton.ca/programs_services/emergency_preparedness/personal-preparedness#:~:text=Individuals%2C%20families%20and%20businesses%20can,continuity%20plans%20are%20in%20place.

P2 | Learn First Aid Together

First Aid Kit Contents

https://www.redcross.ca/training-and-certification/first-aid-tips-and-resources/first-aid-tips/kit-contents

First Aid Training

https://www.alberta.ca/first-aid-training

P3 | Create an Emergency Plan

Alberta FireSmart

https://firesmartalberta.ca

Make an Emergency Plan

https://www.getprepared.gc.ca/cnt/plns/mk-pln-en.aspx

P4 | Get Ready for Poor Air Quality

Alberta Capital Airshed

https://capitalairshed.ca/

Build your own AQHI Light Bulb Indicator

https://edmonton.ca/airquality

Edmonton Air Quality Health Index (AQHI) | Government of Canada

https://weather.gc.ca/airquality/pages/abaq-001 e.html

Science in Action: How to Build a Corsi-Rosenthal Box

https://engineering.ucdavis.edu/news/science-action-how-build-corsi-rosenthal-box

Wildfire Smoke and Your Health

 $\frac{\text{https://myhealth.alberta.ca/Alberta/Pages/wildfire-smoke-health.aspx\#:} \sim : \text{text=Close} \% 20 \text{fresh} \% 20 \text{air} \% 20 \text{intakes} \% 20 \text{from,or} \% 20 \text{improve} \% 20 \text{intakes} \% 20 \text{from,or} \% 20 \text{improve} \% 20 \text{intakes} \% 20 \text{from,or} \% 20 \text{improve} \% 20 \text{intakes} \% 20 \text{from,or} \% 20 \text{improve} \% 20 \text{intakes} \% 20 \text{from,or} \% 20 \text{improve} \% 20 \text{intakes} \% 20 \text{from,or} \% 20 \text{improve} \% 20 \text{intakes} \% 20 \text{from,or} \% 20 \text{improve} \% 20 \text{intakes} \% 20 \text{from,or} \% 20 \text{improve} \% 20 \text{intakes} \% 20 \text{intakes} \% 20 \text{from,or} \% 20 \text{improve} \% 20 \text{intakes} \% 20$

P5 | Get Ready for Extreme Heat

Edmonton Public Libraries: Cooling Space

https://epl.bibliocommons.com/v2/locations

Extreme Heat | Alberta

https://www.alberta.ca/extreme-heat

Extreme Heat Preparedness

 $\frac{\text{https://open.alberta.ca/dataset/461d4f1d-a5aa-4138-93db-663f7e92d07d/resource/276e114a-94b4-4511-a254-1d81cbd3d709/download/health-extreme-heat-preparedness-before-the-heat.pdf}$

Outdoor Pools & Swimming

https://www.edmonton.ca/activities parks recreation/outdoor-pools

Spray Parks

https://www.edmonton.ca/activities_parks_recreation/spray-parks-water-play

Recreation Centres: Cooling Space

https://www.edmonton.ca/activities_parks_recreation/recreation-leisure-centres-pools

P6 | Get Ready for Extreme Cold

Blizzards, freezing rain, ice storms and extreme cold | Alberta

https://www.alberta.ca/blizzards-freezing-rain-ice-storms-and-extreme-cold

Edmonton Public Libraries: Warm-Up Space

https://epl.bibliocommons.com/v2/locations

Recreation Centres: Warm-Up Space

https://www.edmonton.ca/activities parks recreation/recreation-leisure-centres-pools

Seven steps to cold weather safety

https://www.getprepared.gc.ca/cnt/rsrcs/sfttps/tp201101-en.aspx

P7 | Get Ready for Ice & Snow

Residential Sidewalk Snow and Ice

https://www.edmonton.ca/safesidewalks

Winter Hazards Preparedness

https://www.alberta.ca/system/files/custom_downloaded_images/ma-winter-preparedness-infographic.pdf

P8 | Get Ready for Rainfall & Flooding

Flood Prevention Homeowner Programs | Epcor: Contact EPCOR to book a free flood prevention inspection

https://www.epcor.com/products-services/drainage/flooding-flood-prevention/flood-prevention-homeowner-programs/Pages/defaul t.aspx

Homeowner's Guide to Lot Grading and Drainage

https://edmonton.ca/sites/default/files/public-files/documents/PDF/Homeowners_Guide.pdf

Residential Lot Grading

https://edmonton.ca/lotgrading

Severe Storms - What to Do?

https://www.getprepared.gc.ca/cnt/rsrcs/pblctns/svrstrms-wtd/index-en.aspx#s6

P9 | Get Ready for High Winds

Tornadoes and Extreme Winds | Alberta

https://www.alberta.ca/tornadoes-and-extreme-winds

Tree Maintenance | EPCOR

https://www.epcor.com/ca/en/ab/edmonton/safety/home/tree-maintenance.html

P10 | Get Ready for Power Outages

Dining in the dark: Getting creative in the kitchen during a power outage

https://www.redcross.ca/blog/2023/1/could-you-survive-on-what-s-in-your-pantry

Power Outage Map

https://outages.epcor.com/#/outages/power/edmonton

Power Outages | Alberta

https://www.alberta.ca/power-outages

Sign up for power outage alerts

https://www.epcor.com/outages-safety/outages/current/Pages/power-outage-alerts.aspx

What to do before, during, and after a power outage

https://www.epcor.com/outages-safety/outages/prepare/Pages/outages-prepare.aspx

P11 | Create Emergency Kits

Basic Emergency Kit

https://www.getprepared.gc.ca/cnt/kts/bsc-kt-en.aspx

Build an Emergency Kit

https://www.alberta.ca/build-an-emergency-kit

P12 | Create a Tool Library

Edmonton Tool Library

http://www.edmontontoollibrary.ca

How to start a tool library

https://www.shareable.net/how-to-start-a-tool-library

P13 | Get Fire Wise

FireSmart Alberta

https://firesmartalberta.ca

FireSmart Canada

https://firesmartcanada.ca/programs

Home Fire Safety

https://www.edmonton.ca/residential_neighbourhoods/home-fire-safety

NATURE & PLANTS: ADDITIONAL RESOURCES



N0 | Nature and Plants

Edmonton Area Land Trust

https://www.ealt.ca

Invasive Species Management in a Changing Climate | Edmonton Metropolitan Area

https://static1.squarespace.com/static/5ed809f05c460126fe7f10e2/t/5fc68a53a97599144edcc352/1606847087301/Invasive+Species_ FINAL3.pdf

Support Urban Nature | Nature Alberta

https://naturealberta.ca/support-urban-nature

N1 | Create a Nature Map

Guide to Urban Forest Management in a Changing Climate | Edmonton Metropolitan Area

https://static1.squarespace.com/static/5ed809f05c460126fe7f10e2/t/5ef3c2dd8b38a9767d98ca23/1593033454683/Guide%2Bto%2BUrban%2BForest%2BManagement%2Bin%2Ba%2BChanging%2BClimate%2B-%2BPhase%2B2%2BReport.pdf

Nature Mapping

https://nature-mentor.com/nature-mapping

N2 | Plant a Garden

Alberta Native Plant Council

https://anpc.ab.ca

Edmonton Native Plant Society: All About Native Plants

https://www.enps.ca/resources

Native Plants in Edmonton Ecozone

https://edmonton.ca/nativeplants

Veg Instead! A "Grow What You Eat" Initiative

https://edmonton.ca/veginstead

N3 | Plant Trees

Alberta Native Plant Council

https://anpc.ab.ca

Call Before You Dig

https://utilitysafety.ca

Guide to Urban Forest Management in a Changing Climate | Edmonton Metropolitan Region

https://static1.squarespace.com/static/5ed809f05c460126fe7f10e2/t/5ef3c2dd8b38a9767d98ca23/1593033454683/Guide%2Bto%2BUrban%2BForest%2BManagement%2Bin%2Ba%2BChanging%2BClimate%2B-%2BPhase%2B2%2BReport.pdf

Native Plants in Edmonton Ecozone

https://edmonton.ca/nativeplants

Private Tree Care

https://edmonton.ca/residential_neighbourhoods/gardens_lawns_trees/tree-care

Root for Trees

https://edmonton.ca/rootfortrees

Tree Canada

https://treecanada.ca

Urban Forest Management in a Changing Climate

 $\underline{https://static1.squarespace.com/static/5ed809f05c460126fe7f10e2/t/5fc68af69ee0f32b87385ed5/1606847234126/Urban+Forest+Resilience FINAL.2.pdf}$

Urban Forestry Planting and Educational Programs

https://edmonton.ca/residential_neighbourhoods/gardens_lawns_trees/planting-education-programs

N4 | Use Your Leaves

8 Ways to Use Fall Leaves in the Garden

https://www.almanac.com/more-ways-use-fall-leaves-garden

DIY Creative Leaf Crafts for Kids and Beginners

https://www.youtube.com/watch?v=K-0qqJNf-2M

Put Fall Leaves to Work | Gardener's Supply Company

https://www.gardeners.com/how-to/put-fall-leaves-to-work/5402.html

N5 | Start a Seed Exchange or Library

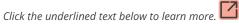
Edmonton Seedy Sunday: A yearly event with the mandate to promote seed saving and sharing http://www.edmontonseedysunday.org/about-us.html

How to Organize a Seed Swap

https://shop.seedsavers.org/site/pdf/csrp-seed-swap.pdf

Seeds of Diversity: Canada's largest member-to-member seed exchange https://seeds.ca/app/mbr/msd.php

FOOD SECURITY: ADDITIONAL RESOURCES





F1 | Locate Edible Plants

Edible Fruit Trees

https://data.edmonton.ca/Environmental-Services/Edible-Fruit-Trees/h4ti-be2n

Food Mapping | Sustain

https://www.sustainweb.org/foodcoopstoolkit/foodmapping

F2 | Join a Local Food Box Program

Farm Box

https://www.sundogorganicfarm.ca/farm-box

Odd Bunch

oddbunch.ca

Purchasing from a CSA in Alberta

https://albertaopenfarmdays.ca/csa/finding-a-csa-in-alberta

WECAN Food Basket Society

https://wecanfood.com

F3 | Share Food with Neighbours

Edmonton's Food Bank

https://www.edmontonsfoodbank.com

Food List: How to Build Your Survival Pantry

https://theprepared.com/homestead/guides/supermarket-food-list/

Leftovers Foundation: A non-profit that works with volunteers, donors, and service agencies across Canada to rescue and redirect food https://rescuefood.ca

F4 | Grow Plants to Eat

Community Group Led Construction Projects Guide

https://edmonton.ca/constructionguide

Community Gardens

https://edmonton.ca/communitygardens

New Grocery Movement

newgrocervmovement.com

Sustainable Food Edmonton

http://sustainablefoodedmonton.org

Veg Instead! A "Grow What You Eat" Initiative: City of Edmonton pilot project to encourage and help people grow vegetables in alternative spaces such as front and side yards and balconies https://edmonton.ca/veginstead

F5 | Host a Harvest Party or Potluck

Canning: Yes, You CAN! | Edmonton Public Library

https://www.epl.ca/blogs/post/canning-yes-you-can

Neighbourhood Events

https://www.edmonton.ca/attractions events/rentals event planning/neighbourhood-events

Operation Fruit Rescue Edmonton: Hands-on workshops in Edmonton, where you can

learn the art of food preservation

https://operationfruitrescue.org

ENERGY & FUEL SAVINGS: ADDITIONAL RESOURCES

Click the underlined text below to learn more.



E1 | Travel Sustainably

Bike Edmonton

https://bikeedmonton.ca

Change Habits For Climate Guide: Transportation

https://edmonton.ca/city_government/city_vision_and_strategic_plan/gonna-love-green-transportation_

Cycling in Edmonton

https://www.edmonton.ca/transportation/cycling

Public Transit - ETS

https://www.edmonton.ca/edmonton-transit-system-ets

Shared Micromobility Program

https://www.edmonton.ca/transportation/cycling_walking/bike-electric-scooter-sharing

Sustainable Travel - Alberta

https://www.travelalberta.com/trip-ideas/sustainable-travel

E2 | Conduct a Home Energy Assessment

Change Homes for Climate

https://homes.changeforclimate.ca

EnerGuide Energy Efficiency Home Evaluations

https://natural-resources.canada.ca/energy-efficiency/energuide/energuide-energy-efficiency-home-evaluations/20552

Home Energy Toolkit

https://edmonton.ca/energytoolkit

E3 | Reduce Your Energy Consumption

Home Energy Monitors

https://www.epcor.com/learn/meters/advanced-meters/Pages/home-energy-monitors.aspx

Tips to Save Money on Utility Bills

https://ucahelps.alberta.ca/tips-to-save-money-on-utility-bills.aspx

10 Tips for Reducing Energy Consumption in Your Home

https://www.tru.earth/10-tips-for-reducing-energy-consumption-in-vour-home

E4 | Turn Down the Heat

Energy Efficiency and Conservation in Your Home

https://www.edmonton.ca/city_government/environmental_stewardship/energy-efficiency-and-conservation-in-your-home

Energy Efficient Window Coverings

https://www.energy.gov/energysaver/energy-efficient-window-coverings

E5 | Install Sustainable Energy

Canada's Home Electrification Toolkit

https://buildingdecarbonization.ca/canadas-home-electrification-toolkit/

Electric Vehicle Charging Stations

https://www.epcor.com/learn/efficiency-conservation/Pages/electric-vehicles.aspx

Energy Made Visible | **My Heat Solar**: Find out the solar potential of your rooftop https://solar.myheat.ca

Generating your own energy

https://www.epcor.com/products-services/power/micro-generation/Pages/default.aspx

How to Choose a Solar Provider

https://solaralberta.ca/go-solar/how-to-choose-a-solar-provider

Renewable Energy Generation

https://edmonton.ca/city_government/environmental_stewardship/renewable-energy-generation

Solar panels and solar power for home and business

https://www.epcor.com/products-services/power/micro-generation/Pages/solar-power.aspx

WASTE & WATER: ADDITIONAL RESOURCES

Click the underlined text below to learn more.



W1 | Buy in Bulk

Change Habits for Climate: Outlines a variety of ways to help you live a more sustainable

https://edmonton.ca/sites/default/files/public-files/assets/PDF/HabitGuide-web.pdf

Eat leftovers

https://www.ikea.com/ca/en/files/pdf/58/9f/589f2b5d/the-scrapsbook.pdf

Let's go Zero Waste

https://www.replenishzerowaste.ca/?srsltid=AfmBOooR1u3- y5PcJwAx-ZaADhDg2D2bQcSTHWdh3hoOc0voW8iqpiu

Reduce Food Waste: Buy only what you need. Buy in bulk. Store food properly. Use and reuse leftovers

https://edmonton.ca/foodwaste

Zero Food Waste

https://www.zerofoodwaste.ca

W2 | Learn How to Compost

A Down-to-Earth Guide to Composting

https://edmonton.ca/sites/default/files/public-files/assets/City_Edmonton_Composting_Booklet.pdf

Composting

https://www.edmonton.ca/programs services/garbage waste/composting

Learn about Edmonton's Waste

https://edmonton.ca/learnaboutwaste

Master Composter Recycler Program: Join the City's Master Composter Program

https://edmonton.ca/mcrp

WasteWise app: Download the app

https://edmonton.ca/wastewiseapp

W3 | Install a Rain Barrel

Rain Barrel - Water Collection Calculations

https://www.edmonton.ca/residential_neighbourhoods/gardens_lawns_trees/rain-barrel-water-collection-calculations

Rain Barrels

https://www.epcor.com/ca/en/ab/edmonton/safety/home/flood-prevention-at-home/rain-barrels.html

Rain Barrels

https://www.strathcona.ca/agriculture-environment/footprint/water-conservation/outdoor-water-saving-tips/rain-barrels

Rainwater Harvesting | Toronto & Region Conservation Authority

https://trcaca.s3.ca-central-1.amazonaws.com/app/uploads/2019/02/11103209/2138 Healthy-Yards Rainwater-Harvesting 2019 FA web.pdf

W4 | Plan a Swap

Community Initiatives

https://edmonton.ca/city_government/environmental_stewardship/community-initiatives

Community Swap

https://www.treepeople.org/wp-content/uploads/2021/05/ge-community-swap-guide-2021.pdf

Reuse Centre Workshops and Events

https://www.edmonton.ca/programs_services/garbage_waste/reuse-programs-workshops

W5 | Assess for Home Flooding

Flooding & Flood Prevention | EPCOR

https://www.epcor.com/products-services/drainage/flooding-flood-prevention/Pages/default.aspx

Homeowner's Guide to Lot Grading and Drainage

https://edmonton.ca/sites/default/files/public-files/documents/PDF/Homeowners_Guide.pdf

W6 | Start a Fix-it- Club

Edmonton Tool Library

http://www.edmontontoollibrary.com

Find a Little Free Library in Your Neighbourhood | Family Fun Edmonton

https://www.familyfuncanada.com/edmonton/find-a-little-free-library-in-your-neighbourhood

W7 | Start a Repair Shed

Blenderz Garment Recyclers

https://www.blenderzgarmentrecvclers.com

Guide to Setting Up a Repair Cafe | Cumbria Action for Sustainability

https://cafs.org.uk/wp-content/uploads/2020/04/CAfS-Guide-to-Setting-Up-a-Repair-Cafe.pdf

Human Ecology Clothing Repair Cafe

https://sites.google.com/ualberta.ca/hecolrepaircafe/home

W8 | Install a Rain Garden

Installing a Rain Garden | EPCOR

https://www.epcor.com/learn/efficiency-conservation/outside/Pages/installing-a-rain-garden.aspx

Rain gardens explained in 2 minutes

https://www.youtube.com/watch?v=3frkqNjScpk

Rain Gardens - Alberta Low Impact Development Partnership

https://alidp.org/events-and-education/the-lid-toolbox/tools-for-achieving-lower-impact/rain-gardens

Rain Gardens | Toronto & Region Conservation Authority

https://trcaca.s3.ca-central-1.amazonaws.com/app/uploads/2019/02/11103208/2138_Healthy-Yards_Rain-Gardens_2019_FA_web.pdf