

HEALTH SCREENING REVIEW FORM

PLEASE READ BEFORE WEARING A KN95 MASK

KN95 masks are tight-fitting and may impact those with certain health conditions because of the breathing resistance encountered while wearing. Prior to wearing a KN95 mask for the first time, you **must** confirm you are free of the following list of health conditions:

- moderate or severe asthma;
- heart problems;
- high blood pressure;
- breathing difficulties;
- claustrophobia; or
- use of prescription medication.

If you have one or more of the listed health conditions, please contact the Occupational Health Nurses (OHN) at 780-496-7852 or ehsnurses@edmonton.ca to receive assessment and clearance prior to KN95 mask use in the workplace. All medical information is kept strictly confidential. This review form does not have to be sent to the Occupational Health Nurse.

If at any time you are wearing a KN95 mask and experience difficulties breathing, chest tightness or pain, please remove your mask, change out for a surgical style or face covering and consult with the Occupational Health Nurse.