



IMPORTANT NOTICE FOR CITY OF EDMONTON EMPLOYEES (MEMBERS OF CSU 52)

Benefit plan changes

Effective June 1, 2025, your Alberta Blue Cross® benefit plan is changing. The following information explains what these changes are and the impacts they may have on you.

Major Medical Plan changes

DIABETIC EQUIPMENT

What is changing?

Intermittent and Continuous Glucose Monitoring systems are now covered under your major medical benefit plan at 80%. Reasonable limits and a requirement of a written order from a health care professional will apply.

Covered systems include, but are not limited to, Dexcom G7 and Freestyle Libre.

Blood Glucose meters are also now covered under your major medical benefit plan at 80%.

Claims can be submitted via the member online website or mobile application.

For personalized recommendations and to find the best system for your needs, consult your health care professional.

MENTAL HEALTH SUPPORT

What is changing?

Your current psychology benefits are being enhanced, including:

- An increase to your annual maximum to \$2,000
- Addition of Registered Social Worker (RSW) as an eligible provider
- Access to internet-based Cognitive Behavioural Therapy (iCBT) through the plan member online website or mobile application.

Prescription Drug Plan changes

ELIGIBLE DRUGS

What is changing?

Additional prescription drugs are being added to your drug plan. These include:

- Weight loss drugs
- Fertility drugs
- Hair loss drugs
- Sexual dysfunction drugs

These drugs will now have 80% coverage and generic pricing with prescription substitution will apply, if applicable.

To check if a medication is covered on your plan, you can:

- use our drug look-up tool by signing into the Alberta Blue Cross member online website or mobile application,
- contact Alberta Blue Cross, or
- speak with your pharmacist for more information.

Questions?

We're happy to help. Call us at
780-498-8000 (Edmonton and area) or
1-800-661-6995 (toll-free) Monday to
Friday, from 6 a.m. to 6 p.m. (MT).



®*The Blue Cross symbol and name are registered marks of the Canadian Association of Blue Cross Plans, an association of independent Blue Cross plans. Licensed to ABC Benefits Corporation for use in operating the Alberta Blue Cross Plan. ®†Blue Shield is a registered trade-mark of the Blue Cross Blue Shield Association. MP008-05 2025/06