



## O'Leary Fitness and Leisure Centre

8804 – 132 AVENUE

CALL 311 (780-442-5311 OUTSIDE EDMONTON)

[www.edmonton.ca](http://www.edmonton.ca)

O'Leary is an exceptional community facility for fitness and family activities. The waterslide and teach pool are perfect for kids. Experience a new you in the new fitness centre!

### AMENITIES

- 25 m, 6 lane swimming pool
- Shallow water teach pool
- Dive tank
- Whirlpool, steam room, large waterslide, diving boards (1, 3 and 5 m), swing rope, and pool toys
- Regular change rooms, family/disabled change room
- Indoor children's playground
- Fitness centre
- Complimentary wallet and purse lockers in lobby for valuables
- Fitness Services provided by Ilite Spa and Fitness and Therapy



All facility and drop-in schedules are available at the facility, or online at [www.edmonton.ca/RecCentres](http://www.edmonton.ca/RecCentres)

[www.edmonton.ca/eReg](http://www.edmonton.ca/eReg)  
ONLINE REGISTRATION

See detailed descriptions of all Registered Programs on pages 84 – 89.

#### Preschool Registered Programs

KICK, CATCH, & CRAFT AGES 3-5	413054	TUESDAYS, SEP 13 – NOV 15	1 – 3PM	\$114.00
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#### Child/Youth Registered Programs

YOUTH IN ACTION	420272	SATURDAY, SEP 10	12 – 3PM	\$30.00
	420273	SATURDAY, OCT 8	12 – 3PM	\$30.00
	420274	SATURDAY, NOV 12	12 – 3PM	\$30.00
	420552	SATURDAY, DEC 10	12 – 3PM	\$30.00

# O'Leary Aquatic Program Schedule

## TUESDAY & THURSDAY 1: SEPTEMBER 20 – OCTOBER 13, 2011

8 LESSONS

5:00PM	<b>SWIM KIDS 1</b> 420009	<b>4 &amp; 5 YR OLD BEG</b> 420034	<b>4 &amp; 5 YR OLD ADV</b> 419993	<b>SWIM KIDS 4</b> 419924	<b>SWIM KIDS 7,8</b> 419904
5:15PM					
5:30PM	<b>SWIM KIDS 2</b> 419951	<b>4 &amp; 5 YR OLD ADV</b> 419994	<b>SWIM KIDS 1</b> 420008	<b>PARENT &amp; TOT</b> 419971	<b>4 &amp; 5 YR OLD BEG</b> 420032
5:45PM					
6:00PM	<b>SWIM KIDS 1</b> 420010	<b>SWIM KIDS 3</b> 419936	<b>SUPER 3 YR OLD</b> 419980	<b>4 &amp; 5 YR OLD BEG</b> 420033	<b>4 &amp; 5 YR OLD ADV</b> 419992
6:15PM					
6:30PM	<b>SUPER 3 YR OLD</b> 419979	<b>SWIM KIDS 4</b> 419923	<b>SWIM KIDS 5,6</b> 419912	<b>SWIM KIDS 2</b> 419952	<b>SWIM KIDS 1</b> 420007
6:45PM					
7:00PM	<b>4 &amp; 5 YR OLD BEG</b> 420035	<b>ADULT/YOUTH SWIM STROKES</b> 419429	<b>ADULT/YOUTH SWIM BASICS</b> 419390	<b>SWIM KIDS 9,10</b> 419448	<b>SWIM KIDS 5,6</b> 419913
7:15PM					
7:30PM	<b>SWIM KIDS 3</b> 419937				
7:45PM					

! Parent Discussion Day October 4

## SATURDAY: SEPTEMBER 17 – NOVEMBER 12, 2011

8 LESSONS

8:30AM								<b>BRONZE CROSS</b> 419302 EXAM: NOV 19 8:30-11:30AM
8:45AM								
9:00AM	<b>SWIM KIDS 5,6</b> 419918	<b>SWIM KIDS 1</b> 420025	<b>SUPER 3 YR OLD</b> 419988	<b>YOUTH SWIM BASICS</b> 419393	<b>SWIM KIDS 4</b> 419932	<b>SWIM KIDS 3</b> 419944	<b>4 &amp; 5 YR OLD BEG</b> 420044	
9:15AM								
9:30AM		<b>SWIM KIDS 2</b> 419958	<b>SWIM KIDS 1</b> 420024	<b>SUPER 3 YR OLD</b> 419986	<b>PARENT &amp; TOT</b> 419974	<b>4 &amp; 5 YR OLD BEG</b> 420045	<b>SWIM KIDS 3</b> 419946	
9:45AM	<b>4 &amp; 5 YR OLD ADV</b> 420002		<b>4 &amp; 5 YR OLD BEG</b> 420048					
10:00AM		<b>SWIM KIDS 1</b> 420026		<b>SWIM KIDS 5,6</b> 419935	<b>SWIM KIDS 7,8</b> 419908	<b>SWIM KIDS 3</b> 419945	<b>SWIM KIDS 2</b> 419963	
10:15AM								
10:30AM	<b>SWIM KIDS 4</b> 419929	<b>4 &amp; 5 YR OLD BEG</b> 420049	<b>SWIM KIDS 2</b> 419960			<b>SUPER 3 YR OLD</b> 419985	<b>SWIM KIDS 1</b> 420020	
10:45AM								
11:00AM								
11:15AM								
11:30AM	<b>SWIM KIDS 5,6</b> 419999	<b>SWIM KIDS 2</b> 419959	<b>4 &amp; 5 YR OLD ADV</b> 420000	<b>SWIM KIDS 4</b> 419931	<b>4 &amp; 5 YR OLD BEG</b> 420046	<b>SWIM KIDS 1</b> 420022	<b>SWIM KIDS 3</b> 419947	<b>SWIM KIDS 9,10</b> 419444
11:45PM		<b>4 &amp; 5 YR OLD ADV</b> 420001	<b>SWIM KIDS 2</b> 419961					
12:00PM	<b>SUPER 3 YR OLD</b> 419989			<b>PARENT &amp; TOT</b> 419975	<b>SWIM KIDS 3</b> 419943	<b>SWIM KIDS 7,8</b> 419909	<b>SWIM KIDS 1</b> 420021	<b>BRONZE STAR</b> 419357
12:15PM								
12:30PM	<b>4 &amp; 5 YR OLD ADV</b> 420003	<b>SWIM KIDS 4</b> 419930	<b>SWIM KIDS 3</b> 419942	<b>SUPER 3 YR OLD</b> 419987	<b>4 &amp; 5 YR OLD BEG</b> 420047	<b>SWIM KIDS 1</b> 420023	<b>SWIM KIDS 2</b> 419964	
12:45PM								
1:00PM	<b>4 &amp; 5 YR OLD BEG</b> 420050	<b>PRIVATE LESSONS (SEE BELOW)</b>	<b>SWIM KIDS 7,8</b> 419907	<b>4 &amp; 5 YR OLD ENR</b> 419969	<b>SWIM KIDS 5,6</b> 419920	<b>SWIM KIDS 2</b> 419962	<b>YOUTH SWIM STROKES</b> 419434	
1:15PM								

! No Lesson October 8

! Parent Discussion Day October 22

<b>PRIVATE LESSON</b> 1-1:30PM	<b>SEP 17</b>	419507	<b>OCT 1</b>	419511	<b>OCT 22</b>	419514	<b>NOV 5</b>	419517
	<b>SEP 24</b>	419510	<b>OCT 15</b>	419512	<b>OCT 29</b>	419516	<b>NOV 12</b>	419519

**SUNDAY: SEPTEMBER 18 – NOVEMBER 13, 2011****8 LESSONS**

10:30AM								
10:45AM								
11:00AM	4 & 5 YR OLD ENR 419970	SWIM KIDS 3 419949	SUPER 3 YR OLD 419991	4 & 5 YR OLD ADV 420006	SWIM KIDS 4 419934	SWIM KIDS 2 419965	SWIM KIDS 5,6 419922	BRONZE MEDALLION 419339 EXAM: NOV 20 10:30AM- 1:30PM
11:30AM						4 & 5 YR OLD ADV 420005		
11:45PM	SWIM KIDS 5,6 419921	SWIM KIDS 4 419933	SWIM KIDS 2 419967	SWIM KIDS 1 420029	4 & 5 YR OLD BEG 420052	PARENT & TOT 419976	SWIM KIDS 7,8 419911	
12:00PM			SWIM KIDS 1 420030	SWIM KIDS 2 419966				
12:15PM	SWIM KIDS 3 419948	4 & 5 YR OLD BEG 420054			SWIM KIDS 9,10 419446	SWIM KIDS 1 420028	4 & 5 YR OLD BEG 420051	
12:30PM			PARENT & TOT 419977	SUPER 3 YR OLD 420031				
12:45PM	SWIM KIDS 2 419968	SWIM KIDS 7,8 419910			SWIM KIDS 3 419950	SUPER 3 YR OLD 419990	SWIM KIDS 1 420027	4 & 5 YR OLD ADV 420004
1:00PM			PRIVATE LESSONS (SEE BELOW)	4 & 5 YR OLD BEG 420053				
1:15PM								

! No Lesson October 9  
! Parent Discussion Day October 23

PRIVATE LESSON 1-1:30PM	SEP 18	419521	OCT 2	419524	OCT 23	419530	NOV 6	419533
	SEP 25	419522	OCT 16	419525	OCT 30	419531	NOV 13	419535

**TUESDAY & THURSDAY 2: OCTOBER 18 – NOVEMBER 10, 2011****8 LESSONS**

5:00PM	4 & 5 YR OLD ADV 419996	4 & 5 YR OLD BEG 420038	SWIM KIDS 1 420011	SWIM KIDS 4 419925	SWIM KIDS 5, 6 419915
5:15PM					
5:30PM	SWIM KIDS 1 420013	SWIM KIDS 9, 10 419452	SWIM KIDS 2 419954	PARENT & TOT 419972	4 & 5 YR OLD BEG 420036
5:45PM					
6:00PM	SWIM KIDS 3 419938		SUPER 3 YR OLD 419981	4 & 5 YR OLD BEG 420037	4 & 5 YR OLD ADV 419995
6:15PM		SWIM KIDS 1 420012			
6:30PM	SUPER 3 YR OLD 419982		SWIM KIDS 7,8 419905	SWIM KIDS 3 419939	SWIM KIDS 2 419953
6:45PM		SWIM KIDS 4 419926			
7:00PM	4 & 5 YR OLD BEG 420039				
7:15PM			SWIM KIDS 5,6 419914	ADULT/YOUTH SWIM STROKES 419430	ADULT/YOUTH SWIM BASICS 419391
7:30PM	SWIM KIDS 1 420014	SWIM KIDS 2 419955			
7:45PM					

! Parent Discussion Day November 1

**TUESDAY & THURSDAY 3: NOVEMBER 15 – DECEMBER 8, 2011****8 LESSONS**

5:00PM	SWIM KIDS 1 420017	4 & 5 YR OLD BEG 420042	4 & 5 YR OLD ADV 419998	SWIM KIDS 4 419928	SWIM KIDS 7,8 419906
5:15PM					
5:30PM	SWIM KIDS 2 419956	4 & 5 YR OLD ADV 419999	SWIM KIDS 1 420016	PARENT & TOT 419973	4 & 5 YR OLD BEG 420040
5:45PM					
6:00PM	SWIM KIDS 1 420018	SWIM KIDS 3 419940	SUPER 3 YR OLD 419984	4 & 5 YR OLD BEG 420041	4 & 5 YR OLD ADV 419997
6:15PM					
6:30PM	SUPER 3 YR OLD 419983	SWIM KIDS 4 419927	SWIM KIDS 5,6 419916	SWIM KIDS 2 419957	SWIM KIDS 1 420015
6:45PM					
7:00PM	4 & 5 YR OLD BEG 420043				
7:15PM		ADULT/YOUTH SWIM BASICS 419392	ADULT/YOUTH SWIM STROKES 419431	SWIM KIDS 9,10 419455	SWIM KIDS 5,6 419917
7:30PM	SWIM KIDS 3 419941				
7:45PM					

! Parent Discussion Day November 29

## Advanced Courses

<b>BRONZE STAR</b>	419357	<b>SATURDAYS, SEP 17 – NOV 12 (NO LESSON OCT 8)</b>	<b>12:15 – 1:30PM</b>	
PREPARATION FOR BRONZE MEDALLION				
<b>BRONZE MEDALLION</b>	419339	<b>SUNDAY, SEP 18 – NOV 13 (NO LESSON OCT 9)</b>	<b>10:30AM – 12:45PM</b>	<b>EXAM: NOV 20 10:30AM-1:30PM</b>
MUST BE 13 YEARS OLD (OR HAVE BRONZE STAR)				
<b>BRONZE CROSS</b>	419302	<b>SATURDAY, SEP 17 – NOV 12 (NO LESSON OCT 8)</b>	<b>8:30-11AM</b>	<b>EXAM: NOV 19 8:30-11:30AM</b>
MUST HAVE BRONZE MEDALLION				
<b>STANDARD FIRST AID</b>	382452	<b>SATURDAY AND SUNDAY, NOV 19 &amp; 20</b>	<b>8AM – 4PM</b>	
OCCUPATIONAL HEALTH AND SAFETY APPROVED. TWO DAY COURSE, VALID FOR THREE YEARS ONCE COMPLETED. INCLUDES C.P.R. TRAINING. (ALL MANUALS INCLUDED.)				



## THERE'S MORE THAN ONE WAY TO BECOME AN OLYMPIAN!

Swimmers ages 5 and up  
are invited to our  
**FREE Swim Camp.**

The week of September 6-8, 2011  
Terwillegar Rec Centre, Scona Pool & Fountain Park Pool

### SEARS I CAN SWIM PROGRAM

- Beginners Welcome

### Swimmers learn in three stages:

- 1 Water Orientation
- 2 Skill Development
- 3 Skill Improvement

### COMPETITIVE PROGRAM

- Professional Coaching
- Physical Fitness
- Technical Improvement
- Confidence & Discipline
- Friends & Fun

*Swimming is a team sport with opportunities for individual growth*

**REGISTRATION |** [office@olympianswimclub.com](mailto:office@olympianswimclub.com) | **780.455.8457**



[www.olympianswimclub.com](http://www.olympianswimclub.com)

