

AQUATIC DROP-IN SCHEDULE | SPRING 2019 | MARCH 31 - JUNE 29

DOWNLOAD THE REC CENTRES MOBILE APP & BUILD YOUR CUSTOM DROP-IN PROGRAM SCHEDULE! AVAILABLE FOR IOS & ANDROID DEVICES
SEARCH 'CITY REC CENTRES' ON APP STORE & GOOGLE PLAY

FACILITY HOURS ON STATUTORY HOLIDAYS VARY. VISIT: EDMONTON.CA/FACILITYNOTIFICATIONS FOR SPECIFIC HOURS

	SUN	MON	TUE	WED	THU	FRI	SAT
ADMISSION DESK	5:25AM-10PM	5:25AM-10PM	5:25AM-10PM	5:25AM-10PM	5:25AM-10PM	5:25AM-10PM	5:25AM-10PM
FITNESS CENTRE	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM
STRETCHING AREA	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM
FUNCTIONAL TRAINING CENTRE	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM

AQUATIC SCHEDULE

ACTIVITY	SUN	MON	TUE	WED	THU	FRI	SAT
LANE SWIM	5:30-11:45AM 4L 1:15-6:30PM 5L 6:30-8:30PM 3L 8:30-10PM 8L	5:30-8:45AM 4L 10:15AM-7:15PM 4L 8:45-10PM 8L	5:30AM-4:30PM 4L 4:30-6:30PM 3L 6:30-8:30PM 4L 8:30-10PM 8L	5:30-8:45AM 4L 10:15AM-6:30PM 4L 6:30-7:30PM 2L 7:30-10PM 4L	5:30AM-4:30PM 4L 4:30-6:30PM 3L 6:30-10PM 4L	5:30-8:45AM 4L 10:15AM-7PM 4L 7-9PM 3L 9-10PM 8L	5:30AM-2PM 3L 2-8:30PM 4L 8:30-10PM 8L
WATERWALKING AND JOGGING	5:30-11AM 1-6:30PM 8:30-10PM	5:30-8:45AM 10:15AM-7:15PM 8:45-10PM	5:30AM-4:30PM 6:30-10PM	5:30-8:45AM 10:15AM-6:30PM 7:30-10PM	5:30AM-4:30PM 6:30-10PM	5:30-8:45AM 10:15AM-7PM 9-10PM	5:30-8:30AM 10:30AM-1PM 2-10PM
WIDTH SWIM	12-1PM	9-10AM 7:30-8:30PM		9-10AM		9-10AM	
PUBLIC SWIM	2-4:30PM 3L 6:30-8:30PM 3L					7-9PM 3L	2-4:30PM 6:30-8:30PM
HOT TUB, SAUNA AND STEAM ROOM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM	5:30AM-10PM
ADULT SWIM LESSONS	5:30-8:30PM 2L			6:30-8:30PM			

FACILITY PLUS PASS SCHEDULE

ACTIVITY	SUN	MON	TUE	WED	THU	FRI	SAT
SHALLOW WATER AQUAFIT	9-10AM 4L	9-10AM 7:30-8:30PM	7:30-8:30PM	9-10AM	7:30-8:30PM	9-10AM	1-2PM
DEEP WATER AQUAFIT	11AM-12PM 4L	6:30-7:30PM 4L	6:30-7:30PM		6:30-7:30PM		

Please Note: 15 minutes before and after converting the pool width swim, staff will begin to change the lane ropes, which may impact lane swim.



***Leader-led Programs do not run on Statutory Holidays.** *Schedule subject to change. Please visit edmonton.ca/FacilityNotifications for updates on closures or class cancellations.

