



August 2009

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## Challenge Contest Winners

Thank you to all of the Challenge participants who sent in your kilometre logs. Your results, no matter how small, are inspirational. Your local changes did add up. The winners of the Giant Suede bicycle are Jeff and Laurel Miyashita (pictured with their family). Transit passes for a year went to Maxime Leal. Congratulations to everyone.



## Concluding - LocalMotion Video Episodes #9 & #10

### Episode #9: The Global City

Local changes have Global impact. Parkallen Local Motion challengers are finding ways of getting around without the car. City planners come from all over the world to share their ideas on how to build sustainable neighbourhoods and cities.

### Episode #10: The Next Steps

The Local Motion challenge is over, but the challenge of eco-mobility goes on. Parkallen residents reduced car travel and CO2 emissions for the month of June 2009. What are the next steps?

[Watch all the videos](#)

## Parkallen Map

The Parkallen Map or Local Motion Field Guide is now available. This map was developed with the input of the residents of Parkallen as a resource for their community to encourage them to be more eco-mobile. If you are a Parkallen resident a copy will be arriving in September with your Community League Newsletter.



If you would like a copy email us at [localmotion@edmonton.ca](mailto:localmotion@edmonton.ca) or call Ian Hosler at 780-944-5339

Click on the link below to see it now.

Local Motion Field Guide

## Survey Monkey

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If you were a LocalMotion Challenge participant watch for a quick, ten question online survey to be arriving in your inbox soon. The short survey is to find out what resources you used from your Challenge toolkit and to help us to identify what could be used in future projects. Thank you in advance for your input.



## Canbike 2

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Improve your bike skills with CanBike 2.

CanBike 2 is an 18 hour, on-road cycling course that develops advanced skill and knowledge of defensive cycling for commuter and recreational cyclists who already ride in traffic.

The course covers the theory of on-road cycling and practical riding techniques, starting on quiet roads and working up to more complex situations.

The course is suitable to all cyclists who feel comfortable on their bicycles and want to learn more about cycling safely and efficiently in traffic.

The course will run 6 to 9 PM Thursday evenings, August 20 and 27, and 9 AM to 4 PM Sundays, August 23 and 30. The course costs \$80 and you can either borrow or purchase (for approximately \$35) the course manual.

For more information visit [www.canbike.net/cca\\_pages](http://www.canbike.net/cca_pages) For more information or to register, contact John Collier at 780.433.1270 or [jbcollier@shaw.ca](mailto:jbcollier@shaw.ca).

[CanBike 2 Poster](#)

## Next steps

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The success of the LocalMotion pilot project will have impact on city staff as they plan for the future. Similar programs could be brought to other neighbourhoods and communities. LocalMotion project items like the "try-it" library, the kilometre logs and community carbon reduction challenge are

being considered as on going programs for future events. If you would like to see a project like LocalMotion in your neighbourhood, or have enjoyed participating in this one, send a note to your city councillor.

Have a happy commute!



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Local Motion

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